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Award Number: DAMD17-02-1-0541

TITLE: Metastasis Genes in Breast Cancer Metastasis to Bone

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REPORT DATE: June 2003

TYPE OF REPORT: Annual

PREPARED FOR: U.S. Army Medical Research and Materiel Command
Fort Detrick, Maryland 21702-5012

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20031216 177

REPORT DOCUMENTATION PAGE

Form Approved
OMB No. 074-0188

Public reporting burden for this collection of information is estimated to average 1 hour per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing this collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to Washington Headquarters Services, Directorate for Information Operations and Reports, 1215 Jefferson Davis Highway, Suite 1204, Arlington, VA 22202-4302, and to the Office of Management and Budget, Paperwork Reduction Project (0704-0188), Washington, DC 20503

1. AGENCY USE ONLY <i>(Leave blank)</i>			2. REPORT DATE June 2003	3. REPORT TYPE AND DATES COVERED Annual (31 May 2002 - 30 May 2003)
4. TITLE AND SUBTITLE Metastasis Genes in Breast Cancer Metastasis to Bone			5. FUNDING NUMBERS DAMD17-02-1-0541	
6. AUTHOR(S) Danny R. Welch, Ph.D.				
7. PERFORMING ORGANIZATION NAME(S) AND ADDRESS(ES) The Pennsylvania State University Hershey, Pennsylvania 17033-2390			8. PERFORMING ORGANIZATION REPORT NUMBER	
E-Mail: dwelch@path.uab.edu				
9. SPONSORING / MONITORING AGENCY NAME(S) AND ADDRESS(ES) U.S. Army Medical Research and Materiel Command Fort Detrick, Maryland 21702-5012			10. SPONSORING / MONITORING AGENCY REPORT NUMBER	
11. SUPPLEMENTARY NOTES Original contains color plates: All DTIC reproductions will be in black and white.				
12a. DISTRIBUTION / AVAILABILITY STATEMENT Approved for Public Release; Distribution Unlimited				12b. DISTRIBUTION CODE
13. ABSTRACT (Maximum 200 Words) <p>The most prevalent site of breast cancer metastasis is bone. We will begin to elucidate the molecular mechanisms involved in bone metastasis. We propose to develop and utilize green (GFP) and/or red (dsRed) fluorescent protein-tagged breast carcinoma xenografts to measure bone metastasis following intracardiac injection. Cell lines developed will be used to test whether a metastasis suppressor (BRMS1) and a gene it down-regulates (osteopontin) alter the efficiency of bone colonization. Concomitantly, we will test the impact of changed gene expression on the ability of tumor cells to adhere to human osteoblast cell cultures or human bone marrow endothelium.</p>				
14. SUBJECT TERMS Metastasis, bone metastasis, BRMS1, osteopontin				15. NUMBER OF PAGES 57
				16. PRICE CODE
17. SECURITY CLASSIFICATION OF REPORT Unclassified	18. SECURITY CLASSIFICATION OF THIS PAGE Unclassified	19. SECURITY CLASSIFICATION OF ABSTRACT Unclassified	20. LIMITATION OF ABSTRACT Unlimited	

NSN 7540-01-280-5500

Standard Form 298 (Rev. 2-89)
 Prescribed by ANSI Std. Z39-18
 298-102

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Introduction

The overall objective of the proposed research is to test the roles of BRMS1 in the ability of breast xenografts to metastasize to bone following intracardiac injection. A corollary is that BRMS1-regulated genes, especially osteopontin (OPN) will influence metastasis. Briefly, OPN is thought to be a metastasis promoting gene, while BRMS1 is a metastasis suppressor.

Knowing that BRMS1 suppresses metastasis from an orthotopic site to lung and regional lymph nodes (1-3), it is not known whether metastasis is suppressed all sites. Since breast cancer spreads most commonly to bone, we will test whether BRMS1 blocks bone metastasis.

BRMS1 is part of a histone deacetylase complex (4), it follows that it might be regulating effector molecules. In a single microarray study, one of the most prominent changes was down-regulation of osteopontin, a molecule known to promote metastasis (5-7). The question to be addressed in this grant is whether OPN is a downstream regulator of metastasis. Originally, we planned to over-express OPN; however, because of technical issues (see below), we have modified the approach and will use small interfering RNAs (RNAi) (8;9) to decrease OPN expression specifically.

In order to accomplish the above experiments, better bone metastasis models for breast cancer were needed. At the time of the original submission, we had tagged some melanoma cells with green fluorescent protein and showed increased ability to detect lesions at multiple sites, including bone. Subsequently, we tagged MDA-MB-435 human breast carcinoma cells with GFP and recently published the utilization of those cells for assessing bone metastasis (10).

Summary of Progress

We moved from Penn State to UAB in November 2002. Unfortunately, the grant has not yet transferred to UAB (as of July 15, 2003) and we have not yet been able to make progress in the time frame proposed. As this report is being written, the *final* paperwork is being prepared and we hope to hire the personnel and continue work on this project. The program administrators have agreed to extend the term of the contract one year to accommodate the delays.

We have made some progress toward the aims nonetheless. Specific progress will be listed along with the statement of work to assist review of our progress thus far.

Original Statement of Work

Task 1: Develop stable fluorescent cell lines

Transfect 435BRMS1 and 231BRMS cells with GFP and dsRED

Transfect neo11/435 cells with GFP and dsRED

Select highly fluorescent subpopulations by fluorescence activated cell sorting

Task 2: Restore OPN expression in poorly metastatic cells

Transfect 435BRMS1^{GFP}, 231BRMS1^{GFP} and neo11/435^{GFP} with OPN

Select low, medium and high expressing clones

Task 3: Test metastatic potential of transfectants (injections and histological examination)

Task 4: Test tumor cell - osteoblast (hFOB) interactions

Task 5: Test tumor cells - sinusoidal endothelium (HBME) interactions

Key Research Accomplishments

- In a replicate experiment, with BRMS1-transfected MDA-MB-435 cells, cells were still metastatic to bone, suggesting that the metastasis suppressor may have organ-specific effects. While we would like to repeat this experiment, the histology and labor intensive nature of the experiment are cost prohibitive. Hence, we have decided to utilize GFP-tagged cells exclusively. The conclusion that the suppressor is not inhibiting bone metastasis cannot be made because the sensitivity of detection and the baseline frequency are relatively low to start.
- During the initial reporting period, we concluded experiments with the GFP-tagged 435 cells and published those findings(10). This manuscript establishes the baseline model and demonstrates the power of the GFP technology for the purposes of monitoring bone metastasis in breast cancer.
- We also developed a method whereby we could decalcify bone while retaining green fluorescence (11). This relatively simple technique will allow us to perform larger experiments (i.e., increased n) to improve statistical power since we can maintain fluorescence for longer times, thereby allowing more flexibility for quantifying the metastases.
- Initial experiments with GFP- and BRMS1-transfected 435 cells have been frustrating since stability is low (i.e., cells lose GFP fluorescence or BRMS1 expression or both). Loss of expression occurs even in the presence of selective pressures (i.e., grown in antibiotic-containing media). Generally, GFP expression is lost. Although we have not exhaustively studied all of the cells, it appears that the transgene is still present, but silenced. Therefore, we just began to prepare plasmids with internal ribosome entry sites (IRES). Bicistronic vectors offer the advantage of coupling transgene expression with GFP expression. Moreover, since original submission, Dr. T.C. He at the University of Chicago developed a tetracycline inducible IRES system that will allow more powerful testing of the roles of the metastasis suppressor genes since we will be able to turn the genes on-off using this inducible system. We have obtained the vector and preparation of the constructs is underway already. Dr. He's expression system also incorporates some histone deacetylase binding sites that reduce "leakiness" of the vector in the absence of doxycycline. Transfections will commence once the sequence has been verified.
- Once we get reproducible results with GFP, we will begin work with dsRed. However, since there have been unexpected complications, we will focus on one construct at this time.
- Restoration of OPN expression has not been successful. While we could get expression, the levels were not even close to those in the parental cell line. We discussed this with Dr. Ann Chambers, who has experienced similar difficulties. Therefore, we have opted for our contingency strategy. We have designed RNAi to decrease OPN expression in parental cells. In general, we believe that this approach is better because it more closely recapitulates what is occurring when BRMS1 is re-expressed (i.e., BRMS1 levels will decrease).
- An alternative approach was proposed in the grant application. With primary funding from the company and supplemental funding from this contract and a SPORE grant, we have made progress on that objective. Briefly, Pharmacia Corporation (now Pfizer) was testing small

molecule inhibitors of the alpha-v, beta-3 integrin for their impact on osteoporosis. I approached them regarding testing of these compounds in breast cancer to bone because alpha-v, beta-3 is the primary receptor for osteopontin. Mice were treated continuously with an inhibitor (designated S247) at three doses on two different schedules. In short, the results showed that presence of S247 prior to tumor cell colonization of bone would inhibit establishment of metastasis. S247 did not appear to diminish proliferation of tumor cells once they got to bone, however. A manuscript is in preparation and undergoing legal review. Therefore, data is not provided in this report. A reprint of the publication will be provided in a subsequent report.

Reportable outcomes:

Publications in peer-reviewed journals

Harms J.F., Budgeon L.R., Christensen N.D., Welch D.R. Maintaining GFP tissue fluorescence through bone decalcification and long-term storage. *Biotechniques* 2002; 33(6): 1197-1200.

Harms, J.F. and Welch, D.R. (2003) MDA-MB-435 human breast carcinoma metastasis to bone. *Clinical and Experimental Metastasis* 19: 327-334.

Shevde-Samant, L.A. and Welch, D.R. (2003) Metastasis suppressor pathways – an evolving paradigm. *Cancer Letters* (In press).

Welch, D.R., Harms, J.F., Mastro, A.M., Gay, C.V., Donahue, H.J. (2003) Breast cancer metastasis to bone: Research challenges and opportunities. *Journal of Musculoskeletal and Neuronal Interactions*. 3: 30-38.

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Mercer, R.R., Gay, C.V., Welch, D.R., and Mastro, A.M. Breast cancer skeletal metastases induce osteoblast apoptosis. *Proceedings of the American Association for Cancer Research* (2003).

Welch, D.R. Mechanisms of breast cancer metastasis suppression by BRMS1. 2nd BACT International Symposium (2003) 2: 5-7.

Welch, D.R., Samant, R.S. and Meehan, W.J. A novel mechanism of metastasis suppression by the BRMS1 metastasis suppressor gene. 21st COE Symposium at the University of Tokyo – Future cancer therapy through understanding metastasis. pp. 5-9.

Presentations

Cancer metastasis: What is the next generation of clinical targets?, North Dakota State University COBRE Symposium on Proteinases and Proteinase Inhibitors. Fargo, ND (6/1/03)

BRMS1: Illuminating a surprising regulatory point for breast cancer metastasis? National Cancer Institute, Metastasis: Prevention or Therapy, Bethesda, MD (5/20/03)

Metastasis suppressor genes in human cancer, 18th Annual Symposium on the Biological Approaches to Cancer Treatment, Nagoya Japan (5/17/03)

A novel mechanism of metastasis regulation by the BRMS1 metastasis suppressor gene. University of Tokyo Symposium on Cancer Metastasis – Future Cancer therapy through understanding metastasis (5/16/03)

Genetics of breast cancer metastasis. Plenary Lecture, Era of Hope DOD Breast Cancer Research Program Meeting, Orlando, FL (9/26/02)

Do single cells constitute a metastatic lesion? Interactive Session – How can we keep metastatic lesions dormant?, Era of Hope DOD Breast Cancer Research Program Meeting, Orlando, FL (9/26/02)

Metastasis suppressor genes in human cancer: from discovery to mechanism of action to the clinic, MedImmune Inc. (7/17/03)

BRMS1: Biochemical advances, Lankaneau Research Institute Seminar (6/19/03)

Use of metastasis suppressor genes to prevent and treat metastasis. Eli Lilly Corporation (5/29/03)

A surprising mechanism for breast cancer metastasis suppression by BRMS1, Laboratory of Population Genetics, Center for Cancer Research (5/19/03)

Metastasis suppressor genes in human breast cancer. Istituto Nazionale per la Ricerca sul Cancro, Genoa, Italy (1/15/03)

Metastasis suppressor genes in human breast cancer. Penn State College of Medicine, Department of Pharmacology (11/18/03)

Metastasis suppressor genes: from discovery to mechanisms of action. M.D. Anderson Cancer Center, Division of Gastroenterology Seminar Series (10/24/02)

Metastasis suppressor genes: from discovery to mechanisms of action. Lombardi Cancer Center Tumor Biology Seminar Series (10/4/02)

Degrees obtained that were supported, in part, by this award

John F. Harms, Ph.D., degree granted May 2003

Opportunities applied for and/or received based upon experience supported by this award

Since moving to UAB, I was asked to participate in the Breast SPORE grant based upon our experience with this DOD award. We are preparing a proposal that extends and complements the ongoing studies by looking at other metastasis suppressor genes and model development.

Conclusions

Delay in the transfer of the grant to UAB has delayed progress some; however, we made significant progress prior to the move on the specific aims. Preliminary data suggested that stability of the double transfectants would be an issue complicating interpretation of *in vivo* data. Therefore, we have modified our cloning strategy to incorporate IRES vectors. Likewise, we opted for one of our alternative strategies related to the OPN experiments, RNAi. Constructs have been prepared and are currently being screened for activity.

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APPENDICES

D.R. Welch

Journal of Musculoskeletal & Neuronal Interactions

Breast cancer metastasis to bone: Evolving models and research challenges

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Keywords: Adhesion, Osteopontin, Osteonectin, Organotropism, Osteoblast, Osteoclast, PTHrP, RANK, RANK-L, Osteoprotegerin, Chemokine, Green Fluorescent Protein, MDA-MB-435, MDA-MB-231, 4T1, Osteolysis

Overview of the clinical problem

When cancer is confined to breast, long-term survival rates are high. But, when cells metastasize, cure rates drop significantly (90% vs. 20% 5-year survival). Quality of life for patients with metastatic disease is also significantly worse than for patients with local carcinoma^{1,2}. Thus, improvements in long-term survival will be most helped by better understanding of the metastatic process.

Skeletal metastases are common, particularly from breast, prostate and myeloma tumors. In many cases, the frequency of metastasis to bone is greater than metastases elsewhere. Whereas 73% of women develop bone metastases, only 33% develop lung and/or liver metastases. While patients can survive a relatively long time with bone lesions, their quality of life is miserable due to intractable pain, fractures, spinal cord compression and metabolic complications³⁻⁶. Besides the human cost, bone metastasis imposes a significant economic cost (2/3 of the costs of breast cancer treatment are due to bone metastasis⁵; ~\$3 billion/yr⁷). The disparity between the clinical and economic importance of the problem and our knowledge of the underlying mechanisms responsible is staggering.

Nonetheless, there have been gains in knowledge regarding the mechanisms involved in breast cancer induction of osteolysis. This has led to improvements in treatment with drugs (e.g., bisphosphonates) designed to reduce loss of bone. Unfortunately, patients treated with these drugs sel-

dom replace lost bone even when tumor cells are removed. Likewise, antecedent steps are largely understudied. In this review, we will focus on current knowledge about the earliest steps in breast cancer metastasis to bone. We will also present an evolving model for early steps of breast carcinoma metastasis to bone based upon currently available data and highlight some of the reasons for the relative sparsity of information about metastasis to bone.

The metastatic cascade

Cancers derived from bone cells (e.g., osteosarcomas) are distinct from tumor cells that have immigrated to bone. Unfortunately, many lay people and even some physicians/researchers assume that bone-derived tumors are equivalent to bone-colonizing tumors. The reality is that the cell origins are different; the basal gene expression patterns are different and the underlying oncogenesis is different.

Metastasis is defined as the spread of tumor cells to establish a discontinuous secondary tumor mass. Tumor cells can get to other tissues by direct extension (not defined as a metastasis since the secondary lesion is not discontinuous from the primary tumor) or transport via blood vessels, lymphatics or in epithelial cavities. The predominance of metastatic spread to bone is thought to be via the hematogenous route.

Large numbers of tumor cells (in some cases $>10^7$ cells/day) enter the bloodstream daily, but fortunately establishment of secondary lesions is a rare event (i.e., $<<0.1\%$). In order to successfully form a metastatic colony, a specialized subset of tumor cells must possess all of the properties that give it selective survival and proliferative advantages over normal cells plus additional properties that confer the ability to spread and colonize secondary sites.

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Accepted 26 August 2002

In the first step of metastasis, tumor cells must migrate away from the primary tumor and enter a circulatory compartment. Upon penetrating the basement membrane and endothelial barrier, tumor cells must evade innate immune surveillance and sheer mechanical forces associated with turbulent blood flow. At the secondary site, tumor cells either arrest because they are larger than the capillary diameter or they arrest because of tumor cell – endothelial recognition. After they have stopped moving, the cells must then divide *in situ* or extravasate. Extravasation requires the tumor cells to penetrate the intimal layer using a variety of motility and proteolytic mechanisms. Finally, tumor cells must proliferate in response to local growth factors and must be resistant to local growth inhibitors.

Development of metastasis contains stochastic elements as well as selection pressures. It is striking that breast cancer, prostate cancer and myeloma cells metastasize to bone 70-80% of the time⁶. The explanation for organotropism was first formally articulated by Sir Stephen Paget in his seminal paper in 1889⁸. In that work, Paget recognized that tumor cell <seed> and host <soil> properties worked in concert to determine success of metastasis. Rather than a comprehensive review of the literature, we will focus on the extravasation steps and terminal tumor cell – bone cell interactions that determine the osteolytic process.

Besides predisposition of cancer cells to colonize bone, it is crucial to understand that not all bones are equally involved. The predominance of osseous metastases occur in the long bones, ribs or vertebrae⁶. Furthermore, the metastases tend to occur at the ends of the bones, near the trabecular metaphyses. Therefore, it is essential to understand what is special about the trabecular bone structure and environment that make it amenable to frequent colonization.

Properties of the bone microenvironment that contribute to metastasis

The metaphyseal region is characterized by a meshwork of trabecular bone, rich blood flow and red bone marrow. Interdigitating the trabecular tongues are bone marrow in close proximity to the vascular sinusoids. The vascular and marrow compartments are separated by a trilamellar structure composed of endothelium, basement membrane and supportive adventitial cells⁹. Trabecular bone is covered by osteoblasts and bone lining cells; the latter are believed to differentiate into osteoblasts. Bone lining cells and osteoblasts have many properties in common, including alkaline phosphatase and Type I collagen expression¹⁰.

Metastatic breast carcinoma cells that arrive in the metaphyses first interact with sinusoidal endothelial cells that line the vascular system. Binding probably occurs in a manner similar to leukocyte homing¹¹. Compared to other tissue sites, it is less likely that tumor cell arrest in bone is non-specific. Rather than a network of small diameter (e.g., 5-10 μ m) capillaries in the lungs or sinusoids of the liver ($\sim 30 \mu$ m), the diameters of the sinusoidal lumens can be several hun-

dred microns in diameter.

Blood flow in sinusoids is also amenable to tumor cell arrest. Blood flow in sinusoids is sluggish compared to capillaries and post-capillary venules^{12,13}. In murine calvaria, where blood cells can be readily visualized, blood flow in the venous sinusoids is ~ 30 -fold lower than the arterial rate¹². Schnitzer et al. measured blood flow using microsphere distribution in canine long bones and found that flow in metaphyseal and marrow cavities was 7-14 ml/min/100 gm tissue, compared to ~ 200 ml/min/100 gm tissue in post-prandial intestine¹⁴.

Taken together, these properties suggest that more specific recognition properties are involved in tumor cell homing to bone. Among the more appealing hypotheses related to bone organotropism are the endothelial “addresses”. A growing body of evidence suggests that lymphocytes and tumor cells can recognize unique macromolecules or combinations or surface molecules on bone endothelium^{15,16}.

In contrast to vascular endothelium elsewhere in the body, bone endothelial cells simultaneously and constitutively express the tethering molecules, p-selectin and e-selectin, and vascular cell adhesion molecules, VCAM-1 and ICAM-1^{12,17,18}. In other cells, expression is transient in response to inflammatory stimuli^{11,19}. In light of findings that metastases are more frequent at sites of inflammation²⁰⁻²², it is intriguing to speculate that tumor cells bind well to sinusoidal endothelium because those cells have similar surface markers as cells at an inflammatory site. The hypothesis gains credence because many breast carcinoma cells express the counter-receptors for these ligands²³⁻²⁵.

Histological examination of bone metastases shows tumor cells in intimate contact with bony surfaces. It follows, then, that tumor cells penetrate the endothelial barrier or extravasate. Cancer cells in close proximity to vascular endothelial surfaces have been shown to stimulate endothelial cell retraction²⁶. For example, osteonectin secretion by breast cancer cells has been reported to stimulate flux of macromolecules and pulmonary endothelial cell rounding²⁷. HER2/neu over-expressing MCF-7 cells have been shown to stimulate vascular endothelial cell retraction²⁸.

Extravasation is, by definition, a directional movement. Therefore, it follows that tumor cells may be responding to bone-derived chemotactic gradients. Several examples consistent with this hypothesis have been observed. Three molecules that are highly expressed in bone – osteonectin, osteopontin, bone sialoprotein, collagen – have been shown to be chemoattractants for some tumor cells²⁹⁻³².

Osteonectin, which is produced by osteoblasts, has recently been shown to be a powerful chemoattractant for several prostate cancer cell lines and one breast cancer cell line^{29,33}. Moreover, osteonectin can increase endothelial monolayer permeability²⁷ and has been shown to induce matrix metalloproteinase-2 secretion by MDA-MB-231 breast carcinoma cells^{34,35}.

Osteopontin is produced by many cell types, including osteoblasts, breast epithelium, breast and other types of can-

cer cells. In bone, osteopontin is deposited in matrix, binds to hydroxyapatite and serves as an anchor for osteoclast binding via the avb3 integrin³⁶. Breast carcinoma cells also frequently express the high affinity avb3 integrin. As bone resorption occurs, Ca⁺⁺, PO₄ ions and matrix proteins are released. It is possible that intact and fragmented forms of osteopontin serve as diffusible chemotactic factors for breast cancer cells. In breast cancer, osteopontin is secreted in a soluble form³⁷. Metastatic MDA-MB-435 cells have been shown to migrate toward soluble osteopontin fragments³⁰. In addition to this limited list, osteopontin has been shown to be a promoter of metastasis in a variety of other systems (reviewed in^{38,39}).

Bone sialoprotein is secreted primarily by osteoblasts^{40,41} fosters chemotactic migration via an RGD-dependent binding to avb3 integrin³¹. Like the other matrix-derived proteins described above, it has multiple roles in both normal bone tissue and in the development of skeletal malignancies.

Chemokines are a family of small, cytokine-like peptides that induce cytoskeletal rearrangement, adhesion to endothelial cells and directed cell migration⁴²⁻⁴⁴ and are therefore ideal for serving in the metastatic process. This notion was recently elegantly confirmed by Taichman et al.⁴⁵ who, considering the fact that hematopoietic cells use osteoblast-derived CXCL12/SDF-1 to home to bone normally, examined this factor in prostate cancers. They found that all bone metastases from prostate cancers expressed the CXCR4 receptor for SDF-1 and that SDF-1 increased prostate cancer cell migration and adherence *in vivo*. Muller et al.⁴⁶ cataloged expression of known chemokine receptors and found that breast cancer cell lines express abundant CXCR4 and/or CXCR7. This finding was particularly enlightening since the ligands for CXCR4 and CXCR7 are CXCL12/SDF-1 and CXCL21/6Ckine, respectively. The ligand expression is most abundant in tissues to which breast cancers most frequently metastasize (bone marrow, lymph node, lung and liver) and less abundant in less frequently involved tissues (intestine, kidney, skin, brain, skeletal muscle). They hypothesized that a combination of chemotactic factors present in bone matrix (e.g., CXCL12, osteonectin, osteopontin and others) could interact with a repertoire of receptors on breast cancer cells that confer the high specificity of these cancers for the skeleton.

Finally, once breast carcinoma cells have made their way into bone, many find the growth environment particularly hospitable. The precise molecular basis for breast cancer growth in bone is not known, but it is easy to speculate that the microenvironment is rich in growth factors based upon the normal function of bone marrow for sustaining stem cells and hematopoiesis. Indeed, the milieu of the bone marrow is ideal for many proliferating cells. Additionally, the continuous remodeling of the bone matrix would contribute to the growth potentiating surroundings by release of matrix-bound factors.

Thus, metaphyseal bone appears to have a unique combination of properties that renders it highly attractive to cer-

tain cancer cells. These properties include: a) slowed blood flow which may allow time for cell-cell interactions to occur; b) large luminal diameters which would reduce shear; c) constitutively expressed array of vascular surface proteins that may contribute to initial cancer cells binding; d) expression of matrix-associated molecules and chemokines which could serve as potent chemoattractants for tumor cells; and e) a milieu of growth factors which would provide a rich environment for tumor cell proliferation.

Entry of tumor cells into the bone microenvironment disrupts homeostasis

Bone matrix is constantly undergoing reorganization, based upon an intricate ballet of matrix-depositing cells (osteoblasts) and matrix-degrading cells (osteoclasts). When tumor cells enter the trabecular-marrow space, the balance is disrupted. In most breast cancers, the balance is shifted toward net bone degradation. It is beyond the scope of this review to discuss the many mechanisms involved in bone turnover and readers are referred to several outstanding reviews on this topic⁴⁷⁻⁵⁰.

While many factors regulate bone turnover, members of the tumor necrosis family (TNF) and TNF receptor families appear to be essential. RANK-Ligand (receptor activator of nuclear factor kappa B, NFkB, ligand) is a TNF family member expressed by stromal cells and osteoblasts while RANK is expressed by osteoclasts; however, it was not detected in breast cancer cells⁵¹. *In vivo* and *in vitro* evidence indicates that interaction of these two molecules is essential for osteoclastogenesis. Other factors (e.g., glucocorticoids, vitamin D3, IL-1, IL-6, IL-11, IL-17, TNF- α , PGE2, PTH, and PTHrP) may modulate expression levels.

Osteoprotegerin (OPG, also known as osteoclastogenesis inhibiting factor) is another osteoblast-derived product that counters bone loss caused by RANK-L/RANK interactions^{48,49}. OPG can serve as a decoy receptor for RANK-L. Interestingly OPG can also bind and inactivate TRAIL (TNF-regulated apoptosis-inducing ligand) and prevent TRAIL-initiated osteoblast apoptosis⁵². Under normal conditions OPG balances bone loss by competing with RANK-L for RANK on osteoclasts. However, OPG expression is down-regulated by breast cancer cells⁵³.

The RANK-L/RANK/OPG system may also explain how chronic inflammation and autoimmune diseases can cause bone loss. Activated T cells express RANK-L and also produce pro-inflammatory cytokines, e.g., TNF- α , IL-1, IL-11, IL-6 which up-regulate RANK or Fas or other death molecules in osteoblasts⁵⁴. T cells also produce IFN- (which suppresses bone loss). In addition, activated macrophages secrete many of the same pro-inflammatory cytokines as the stromal cells. Thus, the inflammation associated with the presence of metastatic tumor cells favors bone loss. A current model in the literature presents these three molecules, RANK-L, RANK and OPG, as the basic factors controlling normal skeletal remodeling⁴⁷. Other factors modulate the

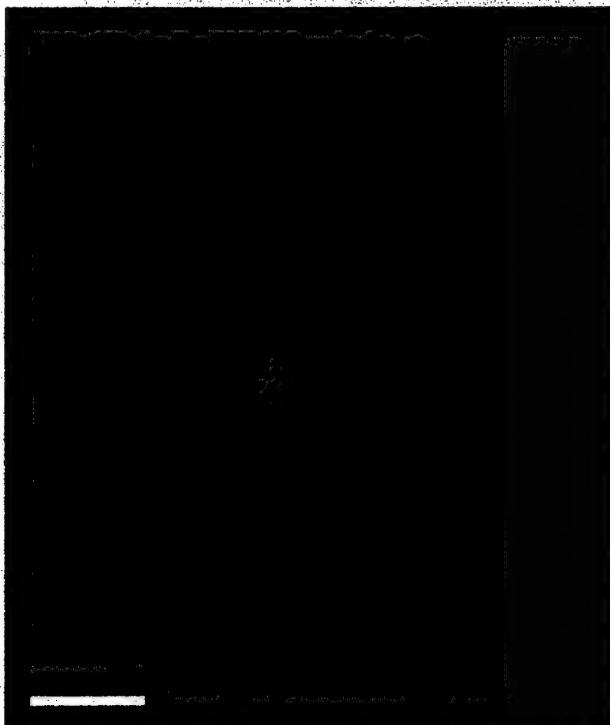


Figure 1. Representative image of whole bone with GFP-tagged tumor cells. Three separate lesions are visualized using GFP. The uppermost lesion contains elements that are brighter than the majority of cells. Frequently, this is indicative of full or partial penetration of tumor cells penetration through the bone. Bar = 1 mm.

system indirectly by up-regulating or down-regulating RANK-L, RANK and OPG. One of these regulatory molecules is PTHrP.

PTHrP (parathyroid hormone related peptide) is produced in excess by many metastatic cancer cells. Its effects were known long before the molecule was identified. Early in the twentieth century a connection was made between hypercalcemia and neoplastic diseases. The next 70 or so years were spent trying to explain this association and to discover how hypercalcemia associated with metastasis was different from that seen in hyperparathyroidism. It is now known that the molecule critical in metastatic hypercalcemia is PTHrP. The N-terminus of PTHrP is structurally homologous to parathyroid hormone (PTH) and has PTH-like activity although it is a product of a different gene. PTHrP binds to a G-protein-coupled receptor on osteoblasts⁵⁵. Thus, PTHrP acts on osteoblasts to indirectly cause bone resorption mediated by osteoclasts. PTHrP produced locally in excess by metastatic tumor cells can bind to PTH/PTHrP receptors on osteoblasts and cause them to up-regulate RANK-L and down-regulate OPG^{48,53}. The result is the differentiation of preosteoclasts and the activation of mature osteoclasts to become fully bone resorbing cells. This activity can be further enhanced by TGF- β which is released as the bone matrix is resorbed. While TGF- β has normally been

shown to down-regulate RANK-L expression by osteoblasts and thus decrease resorption⁵⁶, many metastatic breast cancer cells express TGF- β receptors. TGF- β binding to the receptor induces PTHrP production⁵⁷. Thus, a so-called "vicious cycle" is established in which osteolytic metastasis indirectly enhances osteoclastogenesis⁴⁷ and provides a positive feedback loop. Recent reports by Gay et al.⁵⁸ and Faucheu⁵⁹ and earlier reports (reviewed by Gay and Weber⁶⁰) show that osteoclasts also have PTHrP receptors, suggesting a direct action of PTHrP on osteoclasts even if osteoblasts are absent.

In short, tumor cells manipulate the bone microenvironment upon entering the metaphyseal region. While tumor cells themselves can cause bone matrix resorption^{61,62}, the predominant mechanism is usurping the mechanisms used in normal bone physiology. As noted above, the predominance of research into the mechanisms of breast cancer-induced osteolysis have focused on activation of the osteoclast. However, another mechanism could also be operative, inactivation or elimination of the osteoblast.

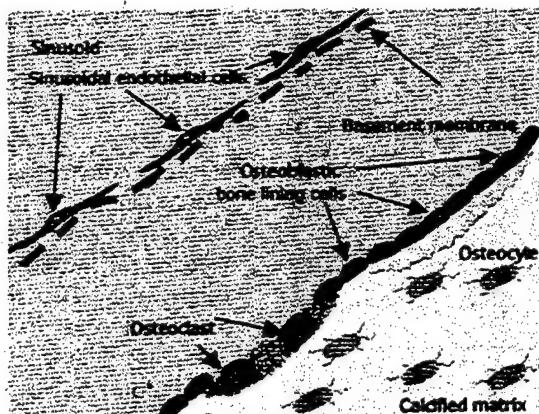
Normally, osteoclasts remain viable for 2-3 weeks, whereas osteoblasts exist for 2-3 months or more⁶³. If the lifespan of osteoclasts were increased or the lifespan of osteoblasts decreased, the net effect would be bone loss because the basic bone unit (osteoblast: osteoclast ratio) would be out of balance. Detailed studies of proliferation and apoptosis in these cells has not been extensively studied; however, we have obtained evidence that osteolysis-inducing breast tumor cells can increase apoptosis of osteoblasts⁶⁴. This observation is consistent with the clinical observations that osteolytic lesions often have fewer osteoblasts and that patients treated with osteoclast-inhibiting bisphosphonates do not normally repair the bone defects (i.e., because they no longer have sufficient viable osteoblasts in the region)^{62,65}. Clearly, additional studies are needed in this area.

Models to study skeletal metastasis in breast cancer

Although metastasis to bone is a common and serious problem, it has historically been extremely difficult to study. In large part, this is due to the near-complete lack of experimental models that recapitulate the metastatic process. An ideal model would replicate the entire metastatic cascade (i.e., growth of a primary tumor to metastasis). However, there are currently no human cancer cell lines that reproducibly metastasize to the bone from an orthotopic site, (i.e., mammary gland)⁶⁶. There is only one rodent model that spreads from an orthotopic site to bone (4T1⁶⁷). While 4T1 is an important model, worldwide experience with it has not been sufficient to ascertain whether it is predictive of biology in humans. Recently, several transgenic mouse models have been developed which exhibit metastatic capacity⁶⁸⁻⁷⁵. However, to the best of our knowledge, none of them metastasize to bone.

An alternative methodology for studying bone metastasis

A



B

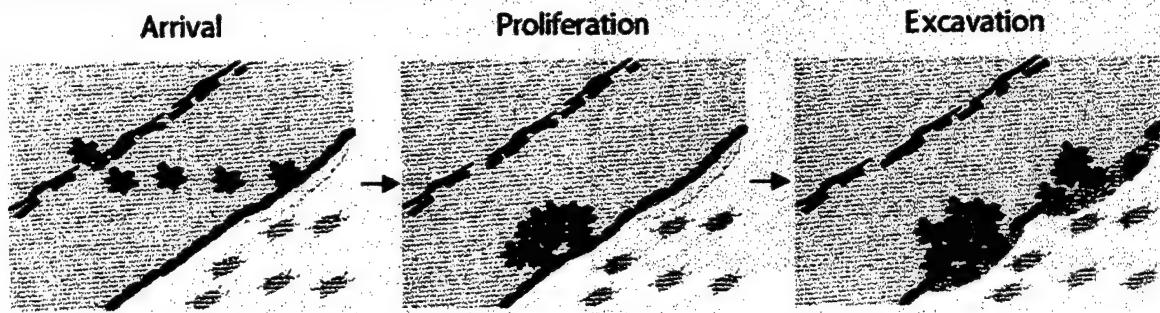


Figure 2. Schematic diagram of trabecular bone with the major cell types highlighted (A). Panel B represents the three major steps of bone metastasis formation. Tumor cells arrive in the bone via the vascular sinusoids and bind to the specialized endothelium. After the tumor cells pass through the endothelial barrier and extravasate through the underlying basement membrane, they migrate toward the trabecular bone surface which is lined by osteoblastic bone lining cells. Tumor cells then proliferate in response to local growth factors. Breast cancer cells that enter the bone disrupt the balance between osteoblast and osteoclast activities, resulting in a net bone loss. Osteolysis (excavation) can be accomplished by tumor cell: (i) activation of osteoclasts; (ii) inactivation of osteoblasts; (iii) a combination of osteoclast activation and osteoblast inactivation; or (iv) direct tumor cell degradation of bone matrix.

was pioneered by Arguello⁷⁶, who injected melanoma cells into the left ventricle of the heart. Yoneda and colleagues adapted this procedure using MDA-MB-231 human breast cancer cells and showed reliable colonization of bone with subsequent osteolysis^{77,78}. The bulwark of the field and the vast majority of experimental data in the breast field with regard to bone metastasis have been collected using this cell line. We recently showed that another human breast carcinoma cell line, MDA-MB-435 could also form osteolytic lesions following intracardiac injection⁷⁹. Yoneda, Guise and colleagues have shown that MCF7 and T47D variants can form osteoblastic metastases following intracardiac injection as well⁵¹.

Besides the inherent limitation of extrapolating findings using limited numbers of cell lines, the experiments with bone metastasis were limited by technology as well. Basically, the standard method for detecting bone lesions – radiography – requires $\geq 50\%$ bone degradation to be detectable. This means that only the latest stages of bone colonization and osteolysis can be studied. Histological examination is arduous and time-consuming. Serial section-

ing of bone is technically challenging; so, step sections are more commonplace. As a result, small lesions can be easily missed. Again, studying early steps of bone colonization are not well-served by this technique.

To alleviate some of these limitations, we engineered MDA-MB-435 and MDA-MB-231 cells to constitutively express enhanced green fluorescent protein (GFP). This modification has increased detection sensitivity tremendously⁷⁹. Representative images are depicted in Figure 1. GFP-expressing cancer cells can be detected through the intact bone even when radiographic evidence of tumor involvement is not apparent. We have even been able to detect single GFP-tagged cancer cells in bone. Furthermore, GFP allows three-dimensional examination and the ability to distinguish foci visually. This technique offers the capability of studying metastasis early in the process, before major bone degradation has occurred. The stages beginning with microscopic metastasis and latency, and ending in aggressive bone degradation can now be separated. Moreover, the response of the bone cells including osteoblasts, ranging from bone lining to fully differentiated cells, as well as osteoclasts can

be examined before they are destroyed as part of metastatic tumor growth.

The genetics of cancer cell metastasis to bone

We have been interested in determining the underlying genetic defects responsible for cancer metastasis. Specifically, our laboratory has identified metastasis suppressor genes for human breast carcinoma⁸⁰⁻⁸³ and melanoma⁸⁴⁻⁸⁷. Data with the metastasis suppressor for melanoma is instructive to the discussion of organotropism.

Late-stage melanomas have losses or rearrangements of the long-arm of chromosome 6 in 66-75% of cases. Since losses occurred concomitant with acquisition of metastatic potential, we hypothesized that a metastasis suppressor gene was encoded on 6q. To test this, we introduced an intact copy of chromosome 6 into a metastatic human melanoma cell line⁸⁷. The resulting hybrids were completely suppressed for metastasis while primary tumor growth still occurred. Subsequent experiments showed that the chromosome 6-melanoma cell hybrids were able to complete every step of the metastatic cascade, except proliferation at the secondary site⁸⁸. Recovery of single cells in lung followed by injection into the skin (i.e., the orthotopic site) showed that the cells grew well⁸⁸, suggesting that the metastasis suppressor gene(s) were organ specific. To evaluate this possibility, we injected chromosome 6-melanoma hybrids into the left ventricle of the heart and monitored metastasis to all organs (J.F. Harms and D.R. Welch, manuscript in preparation). Metastasis was suppressed to all organs except bone.

While our results are striking, they are not completely unprecedented. Rinker-Schaeffer⁸⁹⁻⁹¹ and Steeg⁹² have shown that the metastasis suppressor genes MKK4 and Nm23 also inhibit at late stages of the metastatic cascade. Additionally, using intravital microscopy, Chambers, Groom and colleagues have described frequent arrest and extravasation of tumor cells without subsequent proliferation at the secondary site^{93,94}. Our results extend those findings to demonstrate (we believe for the first time) organ-specific metastasis suppression. The implication is that there will be classes of genes that determine organotropism of metastasis. On a theoretical level, this is not surprising. However, while the seed and soil hypothesis has been around for over a century, this is among the first molecular footholds into understanding the mechanism(s) responsible.

Working model for the earliest steps of bone metastasis

The simplest model for bone metastasis formation involves three steps. **Arrival:** Tumor cells enter bone through the vasculature, adhering strongly and preferentially to metaphyseal region sinusoidal endothelium and/or basement membrane. **Proliferation:** Tumor cells then migrate into the bone marrow space and eventually proliferate to form macroscop-

ic lesions. [Note: the mere presence of single tumor cells does not constitute a metastasis which, by definition, is a tumor mass.] It is not entirely clear whether proliferation precedes osteolysis since the latter may release growth stimulatory signals from the matrix. **Excavation/Osteolysis:** Tumor cells interact with trabecular, osteoblast-like bone-lining cells, osteoblasts and osteoclasts to initiate the cascade of events leading to matrix dissolution.

Each of the steps of bone metastasis involves the interplay between breast carcinoma cells and bone cells. Understanding how the bone cells and tumor cells communicate will be essential to controlling metastasis to bone. Recently, we found human breast carcinoma cells that were suppressed by transfection of the metastasis suppressor gene BRMS1 exhibited restored homotypic gap junctional intercellular communication^{95,96}. Studies are underway to explore whether there are differences between metastasis-competent and metastasis-suppressed cells with regard to heterotypic communication.

Conclusions

Metastasis to bone is an important clinical problem that has been relatively understudied. Recent development of models has provided, for the first time, the opportunity to study the earliest steps of the process of bone colonization. Careful utilization of the new models and expansion of the number of available models will provide new insights into the initial events taking place during bone colonization.

Acknowledgments

The experimental studies discussed herein were supported by the following agencies: Penn State University Life Sciences Consortium Innovation Grant Program, National Institutes of Health (CA89019, CA88728, CA90991, AG13527, and DE09459), U.S. Army Medical Research and Material Command (DAMD17-02-1-0541, DAMD17-00-1-0646 and DAMD17-00-1-0647) and the National Foundation for Cancer Research Center for Metastasis Research.

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MDA-MB-435 human breast carcinoma metastasis to bone

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Received 21 August 2002; accepted in revised form 3 December 2002

Key words: bone, breast cancer, green fluorescent protein, MDA-MB-435, metastasis

Abstract

Breast cancer metastasizes to bone with high frequency and incidence. However, studies of breast cancer metastasis to bone have been limited by two factors. First, the number of models that colonize bone are limited. Second, detection of bone metastases is too insensitive or too laborious for routine, large-scale studies or for studying the earliest steps in bone colonization. To partially alleviate these problems, the highly metastatic MDA-MB-435 (435) human breast carcinoma cell line was engineered to constitutively express enhanced green fluorescent protein (GFP). While 435^{GFP} cells did not form femoral metastases following orthotopic or intravenous injections, they produced widespread osteolytic skeletal metastases following injection into the left ventricle of the heart. All mice developed at least one femur metastasis as well as a mandibular metastasis. As in humans, osseous metastases localized predominantly to trabecular regions, especially proximal and distal femur, proximal tibia, proximal humerus and lumbar vertebrae. 435^{GFP} cells also developed metastases in adrenal glands, brain and ovary following intracardiac injection, suggesting that this model may also be useful for studying organotropism to other tissues as well. Additionally, GFP-tagging permitted detection of single cells and microscopic metastases in bone at early time points following arrival and at stages of proliferation prior to coalescence of individual metastases.

Abbreviations: 231 – MDA-MB-231; 435 – MDA-MB-435; CMF-DPBS – calcium- and magnesium-free Dulbecco's phosphate-buffered saline solution; FACS – fluorescence activated cell sorting; GFP – enhanced green fluorescent protein

Introduction

Breast cancer directly affects one in eight women [1]. Of women who develop breast cancer, as many as 85% will develop metastases in bone [2]. Skeletal colonization by breast cancer cells most frequently causes osteolytic lesions with corresponding sequelae – pathological fractures, spinal chord compression, pain and hypercalcemia. Despite its prevalence, studies of breast cancer metastasis to bone are infrequent, limited by a paucity of models and the technical challenges associated with detection of osseous metastases. Thus far, research of breast cancer metastasis to bone has been predominated by a single human cell line (MDA-MB-231 [3-7]) and recently, a murine cell line (4T1 [8, 9]). In most cases, studies have focused on late stages of bone metastases (i.e., osteolysis) because analysis of early steps (e.g., tumor cell arrival and colonization) has been infeasible.

Despite being uniformly derived from metastases, surprisingly few human breast carcinoma cell lines retain the capacity for metastasis in immune-compromised mice. Even fewer metastasize efficiently from the orthotopic site [10,

11]. Research of breast cancer metastasis has been dominated by two human breast carcinoma cell lines, MDA-MB-231 (231) and MDA-MB-435 (435), but recently, additional lines are being developed [12, 13]. Bone metastasis research has hinged almost exclusively upon 231 [4, 5, 7, 14, 15], with isolated studies using other cell lines [12, 13, 16, 17]. Although there are sporadic claims to the contrary [18], colonization of bone by 231 cells requires injection into the left ventricle of the heart. And while 435 cells can grow in bone if directly injected [16], the ability to colonize bone has heretofore not been systematically examined.

Studying metastasis to bone requires methods to routinely detect bone lesions. Because they are located in a solid matrix, bone metastases are readily visible only when considerable red marrow is displaced. In the absence of a pigment, colorimetric marker or bioluminescent tag, identification of skeletal metastases depends upon laborious histological sectioning or radiographic detection. Radiography requires sufficient (e.g., > 50% [19]) osteolytic reduction in bone mass; so, microscopic metastases confined within the marrow are overlooked entirely. Detection of microscopic metastases by histology is technically feasible but tedious and impractical for large-scale studies. These limitations have been partly alleviated by detection of B16 melanoma metastases in bone because of endogenous melanin production [20]. Others have used cells tagged with β -galactosidase

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(lacZ) [21–23] or luciferase [24]. Unfortunately, additional cofactors are necessary to detect these reporters. In contrast, the convenience and utility of fluorescent molecules, such as enhanced green fluorescent protein (GFP), for the detection of metastases has been clearly demonstrated in many sites [25–27], including bone [18, 28, 29].

In this report, we compare 435 metastasis to bone following orthotopic, intravenous and intracardiac injection. In addition, we take advantage of the increased sensitivity of GFP detection to map the distribution of microscopic and macroscopic skeletal metastases.

Materials and methods

Cell lines and culture

Metastatic human breast carcinoma cell line, MDA-MB-435 (435) was a generous gift from Dr Janet E. Price (University of Texas–M.D. Anderson Cancer Center, Houston) and was stably transfected with pEGFP-N1 (BD Biosciences Clontech, Palo Alto, California) by electroporation (Bio-Rad Model GenePulser™, Hercules, California; 220 V, 960 μ F_d, $\infty\Omega$). Neomycin resistant cells were selected for growth in, and maintained in, a 1:1 mixture of Dulbecco's modified Eagle's medium and Ham's F-12 medium (DMEM/F-12; Invitrogen, Gaithersburg, Maryland), supplemented with 2 mM L-glutamine, 1 mM sodium pyruvate, 0.02 mM non-essential amino acids, 5% fetal bovine serum (Atlanta Biologicals, Norcross, Georgia) and 500 μ g/ml Geneticin (G418; Invitrogen). The brightest 25% of fluorescing cells were sorted using a Coulter EPICS V cell sorter (Beckman-Coulter, Fullerton, California). All cultures were confirmed negative for *Mycoplasma* spp. infection using a PCR-based test (TaKaRa, Shiga, Japan).

In vivo metastasis assays

Immediately prior to injection, cells at 80–90% confluence were detached from 100-mm cell culture plates (Corning, Acton, Massachusetts) with 2 mM EDTA and 0.125% trypsin in calcium- and magnesium-free Dulbecco's phosphate-buffered saline solution (CMF-DPBS). Cells were counted using a hemacytometer, and resuspended in Hank's balanced salt solution to the appropriate final concentration. For spontaneous metastasis assays, cells (1×10^6 in 0.1 ml) were injected into the right subaxillary mammary fat pad of anesthetized (ketamine-HCl 129 mg/kg, xylazine 4 mg/kg) 5–6 week-old female athymic mice (Harlan Sprague-Dawley, Indianapolis). Food and water were provided *ad libitum*. Resulting tumors were removed at a group mean tumor diameter [11] of 12 mm and mice were necropsied four weeks later. Lungs and femurs were removed and viewed by fluorescence microscopy (see below) prior to fixation. Macroscopic lung metastases, were also quantified as described [11].

For intravenous (i.v.) and intracardiac (i.c.) injections, cells (2×10^5 in 0.2 ml) were injected into 4–5-week-old

female athymic mice via the lateral tail vein or left ventricle of the heart, respectively, using a 27 gg needle and 1 ml tuberculin syringe. Intracardially injected mice were fully anesthetized. Immediately preceding and subsequent to inoculation, drawback of bright red arterial blood into the syringe was used as an indication of arterial administration, as opposed to darker, burgundy colored blood. Mice were necropsied four or five weeks post-injection. Distribution of bone metastases was mapped following examination of all thoracic and abdominal organs. Bones were dissected free of musculature and soft tissues using a #21 scalpel blade and gauze or squares of paper towel to grip and remove remnants. Where possible, bones were left connected (e.g., femur–tibia–fibula, scapula–humerus–radius–ulna, ribcage–vertebrae) to facilitate orientation. Following external fluorescence examination of the dissected skull for bone and brain metastases, a sagittal bisection of the skull was performed to expose the brain interior.

Animals were maintained under the guidelines of the National Institute of Health and the Pennsylvania State University College of Medicine. All protocols were approved and monitored by the Institutional Animal Care and Use Committee.

Fluorescence microscopy

To visualize metastases derived from the GFP-tagged cell line, intact viscera and whole bones (dissected free of soft tissue), were placed into petri dishes containing CMF-DPBS and examined by fluorescence microscopy utilizing a Leica MZFLIII dissecting microscope with 0.5 \times and PlanApo 1.6 \times objectives and GFP fluorescence filters ($\lambda_{\text{excitation}} = 480 \pm 20 \text{ nm}$, $\lambda_{\text{emission}} = 510 \text{ nm}$ barrier) (Leica, Deerfield, Illinois). Photomicrographs were collected using a MagnaFire™ digital camera (Optronics, Goleta, California), and ImagePro Plus software (Media Cybernetics, Silver Spring, Maryland).

Faxitron X-ray analysis

Dissected bones were X-rayed using a Hewlett-Packard Faxitron model 43855B and Kodak X-Omat TL film (Kodak, Rochester, New York). Tube voltage was set at either 19 kVp or 59 kVp, and exposure time was determined automatically.

Bone decalcification and storage

Intact, dissected bones from individual mice were placed in 25-ml glass scintillation vials and fixed in freshly prepared 4% paraformaldehyde in CMF-DPBS at 4 °C for 24–48 h. Bones destined for histological sectioning were subsequently removed and decalcified in 0.5 M EDTA in CMF-DPBS for 18–24 h before paraffin embedding. Non-embedded bones could be stored long-term (months) at 4 °C with retention of fluorescence if the solution was replaced at 1–5 days with 0.5 M EDTA in CMF-DPBS or 1% paraformaldehyde in CMF-DPBS. Fluorescence was typically lost if tissues were stored in 4% paraformaldehyde or ethanol solutions.

Mapping of bone metastases

During fluorescence microscopy, skeletal metastases were drawn on diagrams of murine bones (adapted from [30]). A custom computer program was written using Visual Basic 6 (Microsoft Corp., Redmond, Washington) in which the same diagrams were overlaid with a grid of squares ($\sim 0.30 \text{ mm}^2$). Metastases drawn for each mouse bone were transferred to the computerized grid. The program then calculated the percentage of mice in which tumor encompassed each square in the grid and depicted a composite image using color or grayscale. Composite images were then smoothed in Photoshop 6.0 (Adobe, San Jose, California) to reduce granularity.

Results

Skeletal metastases obtained via intracardiac injection

MDA-MB-435 cells were transfected with a plasmid conveying enhanced GFP under a cytomegalovirus constitutive promoter. The resulting mixed population of neomycin resistant cells contained both fluorescing and non-fluorescing clones. Cells comprising the highest 25% of fluorescence intensity were selected using a fluorescence activated cell sorter. Cells (1×10^6) were injected into the mammary fat pad of female athymic mice. Tumorigenicity and *in vivo* growth rates of the resulting 435^{GFP} tumors were indistinguishable from the parental line (data not shown). Pulmonary metastatic potentials were likewise not significantly different. Only a small fraction of 435^{GFP} cells lost or had decreased fluorescence when continuously cultured. Nonetheless, to validate fluorescence as a method to quantify metastases, lungs were fixed in Bouin's solution following fluorescence microscopy and macroscopic metastases recounted. The number of lung metastases using fluorescence and traditional methods was nearly identical in most cases ($n = 11$), differing by only 1 to 3 metastases. In only one mouse were counts significantly greater following Bouin's staining (36 vs. 15 metastases), suggesting outgrowth of non-fluorescing clones. Thus, the number of metastases numerated under fluorescence would represent, at worst, an under-estimation. In subsequent fluorescent analyses, steps were taken to monitor for non-fluorescent skeletal metastases.

Metastatic potential of 435^{GFP} cells was assessed following orthotopic, i.v., or i.c. injection in a pilot experiment. The objective was primarily to evaluate bone metastasis formation. While it has been previously shown that 435 cells infrequently establish pulmonary metastases following i.v. injection [31], bone colonization following this route had not been reported. To minimize first-pass clearance of cells in the lung microvasculature (the first capillary bed encountered by cells entering the venous circulation), 435^{GFP} cells were injected i.c. Four weeks following tumor removal or vascular injection, mice were necropsied; both femurs removed, dissected free of soft tissue and scrutinized by fluorescence microscopy. Femoral lesions did not

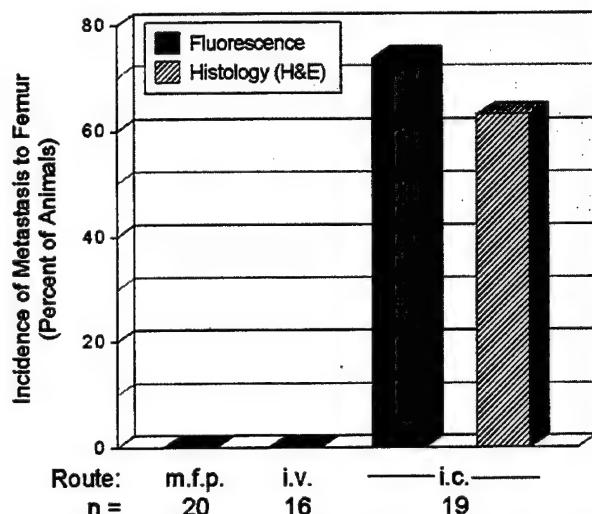


Figure 1. Skeletal metastases are obtained following intracardiac injection of 435^{GFP}, but not following orthotopic (mammary fat pad) or intravenous injection. The number of detectable metastases to bone is increased by GFP-tagging (compared to step section analysis of bones), although the increase is not significant. Cells (2×10^5) were introduced into 4-6-week-old female athymic mice by intracardiac injection. Mice were necropsied at four weeks and femoral bones dissected free of soft tissues. Femurs were first examined by fluorescence and then using H&E-stained sections at five levels.

develop following injection into the mammary fat pad or i.v. inoculation (Figure 1). Green fluorescent foci were observed in the femurs of intracardially injected mice with high frequency. Moreover, the metastases were osteolytic (Figure 2A). In mice necropsied following longer durations, osteolytic lesions were apparent by radiography (Figures 2B, C).

GFP-tagging allows detection of bone metastases

To determine whether the convenience of GFP detection translates to increased detection of macroscopic metastases in bone, femurs of intracardially injected mice were fixed in 10% neutral buffered formalin, decalcified and embedded in paraffin for standard histology. Longitudinal sections representing five levels through approximately two-thirds of the bone were stained with hematoxylin and eosin. Tumor in histological sections corresponded to green fluorescence observed in 435^{GFP} injected mice. However, fluorescent foci were detected in two mice that were undetected in the limited number of sections evaluated. Incidence of 435^{GFP} bone metastases by histology from 63% (1.7 ± 0.37 ; mean \pm SEM), compared to 74% (2.4 ± 0.46) by fluorescence (Figure 1). The difference was not statistically significant and could be explained by sampling error in the histology. Additionally, in this pilot analysis, mice with bone metastases had multiple lesions in each femur. This made us question whether mice with no metastases were successfully injected in the left ventricle. For subsequent studies, the color of blood drawn into the syringe was assessed prior to, and after, injection. When arterial injection was verified in this manner, incidence of bone metastasis increased to 100% of femurs.

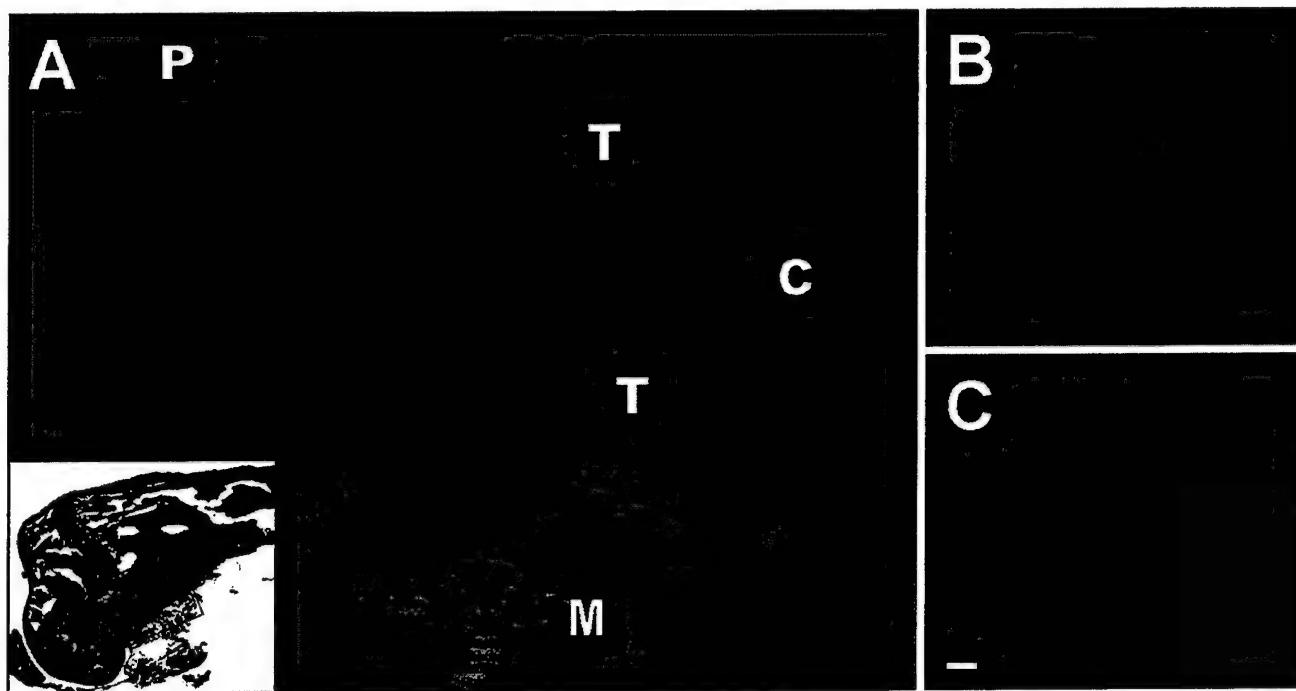


Figure 2. 435^{GFP} skeletal metastases are osteolytic. A. A metastasis is shown in distal femur four weeks following intracardiac injection. Tumor within the medullary cavity has invaded through the cortical bone to the exterior of the shaft. Cortical bone (C), tumor (T), distal epiphyseal growth plate (P), skeletal muscle (M). B. X-ray (19 kVp) 7.5 weeks following i.c. injection shows significant osteolysis in proximal tibia corresponding to a fluorescing lesion (Figure C). Bar = 1 mm.

To determine whether skeletal metastases were randomly distributed, 435^{GFP} cells were injected i.c. and all bones (femur, tibia, fibula, scapula, humerus, radius, ulna, pelvis, skull, mandible, ribcage, vertebrae) were examined five weeks later by fluorescence. Bones were examined following removal of soft tissues. While not essential for detecting large metastases in the vertebral column or exposed joints such as the knee, detection of microscopic lesions and deep joints (e.g., proximal femur) required dissection of musculature. 435^{GFP} produced skeletal metastases with highest incidence in femur and mandible (Figure 3A). While 100% of mice ($n = 16$) had at least one femoral metastasis, 56% of mice had involvement of both femurs. Overall, 78% of femurs had at least one metastasis. Mandible metastases were found in all mice (94% of bones, 2 dentary bones per mandible). Sixty-three percent of mice developed vertebral metastases, accounting for 13% of all cervical, thoracic, lumbar and sacral vertebrae examined. Skull, pelvis, humerus and tibia were also involved in $\geq 50\%$ of animals. Except for the vertebral column, which yielded a mean of 4 ± 1.6 (mean \pm SEM) metastases per mouse, the greatest number of metastases per mouse were in femur (2 ± 0.3) and mandible (2 ± 0.2) (Figure 3C).

The location and size of fluorescent metastases were graphed and the distribution of metastases was evaluated using custom software. As in humans, metastases localized predominantly to trabeculae in appendicular bones (proximal and distal femur, proximal tibia, and proximal humerus (Figure 4A)). Within the vertebral column, the lumbar and sacral vertebrae were involved with higher incidence than cervical or thoracic vertebrae.

Metastasis to non-osseous sites

Viscera and other organs were also evaluated for metastases. Except for brain, in which a sagittal bisection was performed, fluorescent metastases were quantified in intact tissues (Figures 4B–D). Using a relatively simple setup allows visualization of metastases within most tissues [32]. The most frequent sites of non-skeletal metastasis included adrenal glands (11/16 mice), brain (8/16) and ovary (7/16). Few macroscopic pulmonary metastases were observed (3/16), limited to only 1–3 macroscopic metastases per mouse. Numerous microscopic metastases (1–10 cells) were present in a total of 8 mice. Metastases also developed in the pancreas, kidney, liver, and eye in three to five mice. Rare metastases were encountered in stomach, uterus, bladder and spleen. Mice (4/16) also had metastases in mesenteric lymph nodes, but the number involved per mouse ranged from 11 to > 70 .

GFP allows assessment of early time points in bone colonization

Tracking the arrival of metastasizing cells and subsequent proliferation at the secondary site has revealed key information regarding the role of the microenvironment in metastasis [25, 33, 34]. To assess the effectiveness of GFP tagging in the detection of metastases in bone at early time points, mice were necropsied following intracardiac injection of 435^{GFP} cells, beginning at 10 min. Single fluorescing cells were seldom detectable in intact femur; however, longitudinal bisection revealed single cells in the bone interior (Figure 4B). At two weeks, microscopic metastases and single cells were

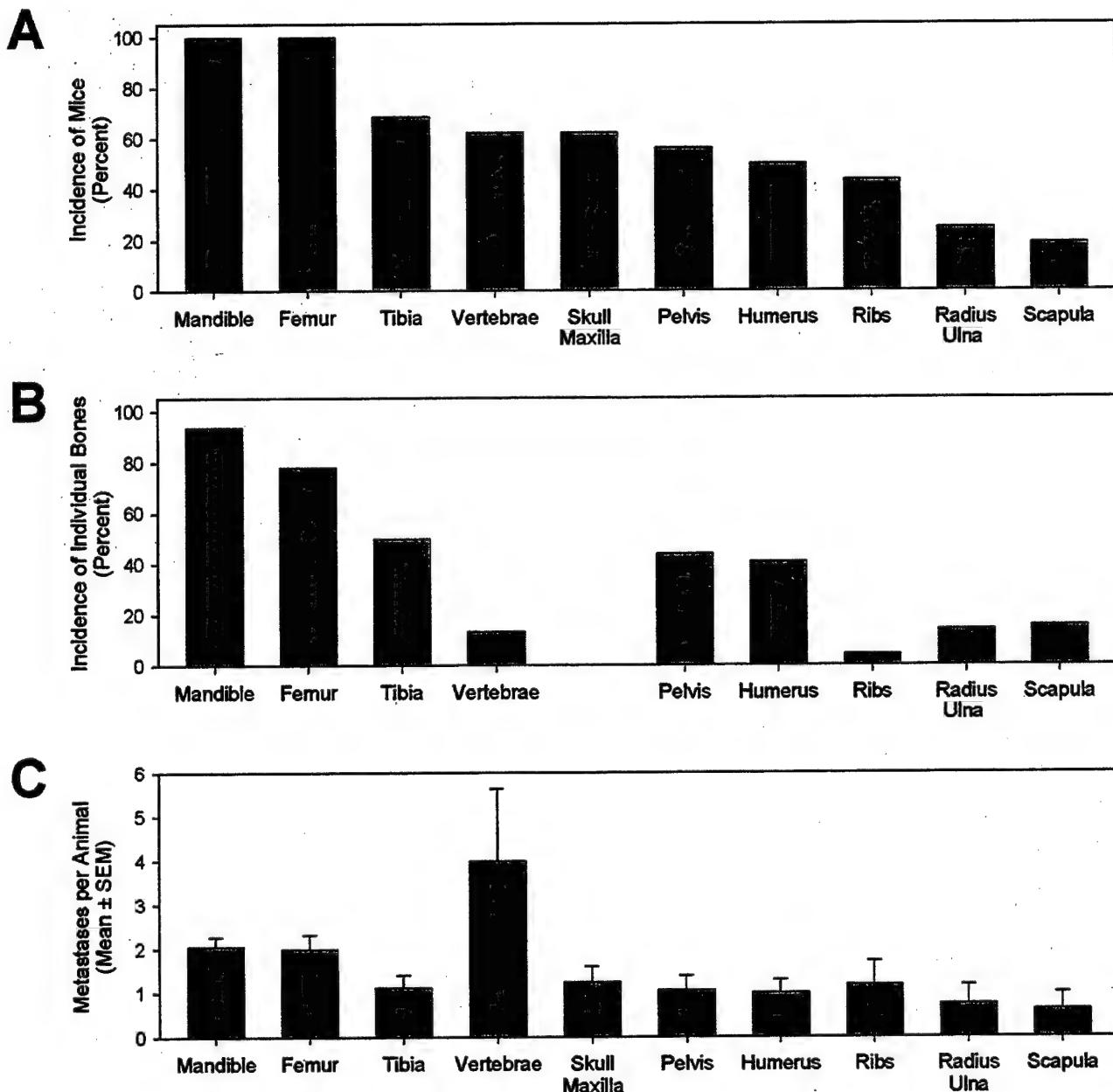


Figure 3. Distribution of skeletal metastases. Mice necropsied 5 weeks after injection of 2×10^5 435^{GFP} cells into the left ventricle. Intact bones were dissected free of soft tissue and examined by fluorescence microscopy. A. Percent of mice with at least one metastasis in specified bones (skull and facial bones are grouped) ($n = 16$). B. Percent of individual bones with at least one metastasis. (mandible considered as 2 bones; pelvis, 2; ribs, 26; vertebrae, 30). C. Number (mean \pm SEM) of metastases per mouse within specified bones ($n = 16$).

observed through uncut bone (Figures 4D, E). Observation of GFP through intact bone permitted convenient three-dimensional examination of lesions because bones could be fully rotated and manipulated. Adjacent, but separate foci could be distinguished prior to coalescing (Figure 4). In addition, macroscopic metastases were readily detected prior to radiographic evidence of osteolysis (Figure 5).

Discussion

The human breast carcinoma cell line, MDA-MB-435, has been widely used in the study of human breast cancer, both *in vivo* and *in vitro*. It has been extremely useful because it

is one of the few breast cancer cell lines that metastasizes. However, its propensity to colonize bone, the most common site of breast cancer metastasis, has not been thoroughly examined. Previously, a single study directly injected 435 cells into bone [16]; however, lesions formed by this method cannot be construed as metastases.

To assess whether 435 might be a useful model for bone metastasis, we stably transfected cells with enhanced green fluorescent protein. The resulting cells behaved as parental cells in tumorigenicity and spontaneous metastasis assays (i.e., following orthotopic injection). As we have observed previously, GFP does not appear to adversely affect tumor cell behavior. GFP transfection was performed in

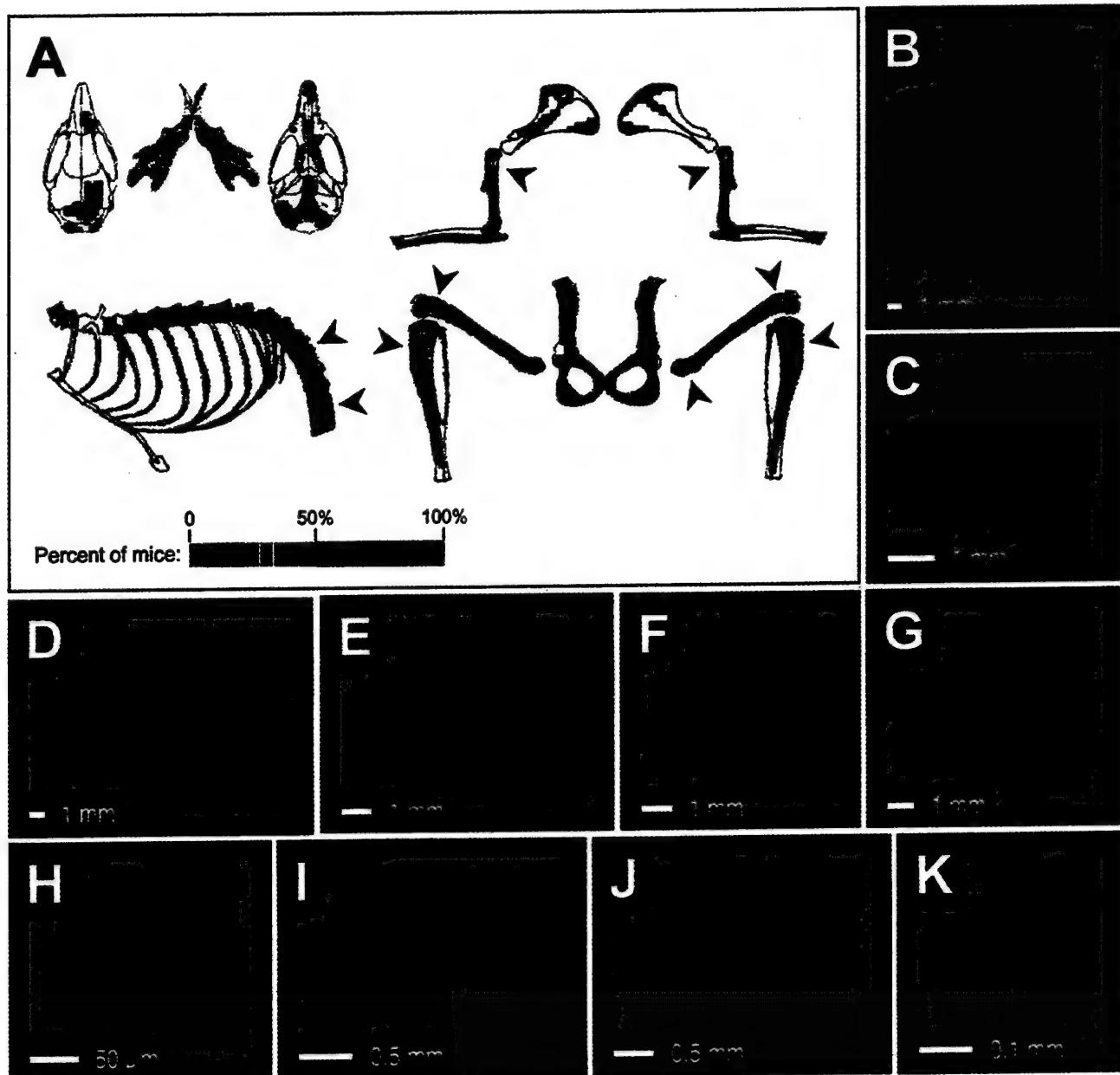


Figure 4. A. Compilation of 435^{GFP} skeletal metastases in 16 mice. Metastases (five weeks) localize predominantly to trabecular regions in femurs, proximal tibia, proximal humerus and vertebrae. Mandibular metastases are frequent. Arrowheads highlight regions of the skeleton with the highest incidence of bone metastases. B. Sagittal bisection of the skull and brain reveals a fairly large number of 435^{GFP} brain metastases 5 weeks following i.c. injection. C. Metastases (5–6) in adrenal gland. D. Rare 435^{GFP} metastases to liver. E. Two involved lumbar vertebrae at four weeks. F. The metastasis in the left most vertebrae of (E) is localized to the centrum. G. A scapular metastasis. H. Single tumor cells and microscopic metastases are detectable by fluorescence microscopy. Longitudinal bisection revealing single 435^{GFP} cell in distal femur 10 min following intracardiac injection. Note, the cell is already forming pseudopodial processes. I. Left tibia two weeks post-intracardiac injection. Cluster of three to five cells visible from the exterior of intact bone. J. Whole, distal left femur two weeks post-intracardiac injection. Multiple adjacent, but separate, foci are easily distinguished. By four to five weeks, such lesions would most likely have coalesced. K. Three 435^{GFP} cells visible at the lung surface two weeks following intracardiac injection.

order to enhance the detection of tumor cells in the bone. Our data show that fluorescent detection was greater than radiographic methods or step-sections through bone. Bone metastases formed at sites similar to those colonized in breast cancer patients (proximal appendicular long bones, vertebrae, pelvis) [35, 36]. In patients, 80–90% of skeletal metastases occur in the axial skeleton [35, 37], whereas we observed 62% of metastases are within axial bones in our model. The pattern and frequency of metastasis following intracardiac injection of 435^{GFP} cells was similar to those for

the widely used 231 cells [3, 5, 14, 18, 38–41]. Additionally, Sasaki et al. [41, 42] have used 231 to study maxillofacial bone metastases, which typically comprise approximately 1% of oral malignancies. So, the high frequency of 435^{GFP} mandibular involvement suggests this would be a suitable model for this metastasis site as well. Further supporting the quality of the 435^{GFP} model, metastases were predominantly osteolytic, as in the majority of human breast cancers. Also, the majority of bone lesions occurred in metaphyseal tra-

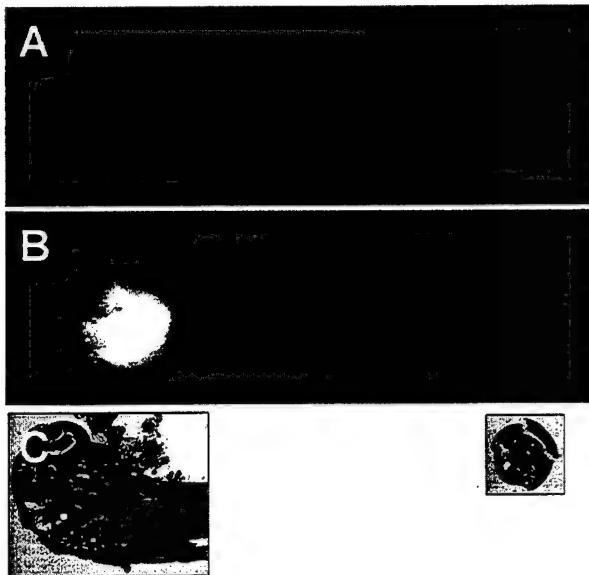


Figure 5. Metastases, visible by fluorescence microscopy (B) 4 weeks following i.c. injection, are not detectable by radiography (59 kVp) (A). H&E stained histology confirms the presence of tumor (C).

beculae, sites most commonly colonized in human cancer metastasis to bone.

In addition to osseous metastases, 435^{GFP} cells colonize several other organs that are frequent sites of breast cancer metastases – adrenal gland, brain and ovary. Rare lesions were found in lung, pancreas, kidney, liver and eye. Thus, the intracardiac injection model using 435^{GFP} affords opportunities to study metastases of human breast carcinoma to other relevant sites in a xenograft model.

From a technical perspective, this report highlights several issues. First, extrapulmonary metastases are infrequent unless 435^{GFP} cells are injected into arterial circulation. Proper injection into the left ventricle of the heart could be routinely validated by careful examination of blood color prior to and after tumor cell inoculation. The additional manipulation did not appear to have any adverse effect on the mice. Viability and complete recovery within 30 min were routine. Second, GFP allowed detection of metastases in intact bones. Building on the pioneering work of Hoffman and colleagues, who examined melanoma, prostate and lung cancer metastases to bone [28, 29, 32, 43], we developed the 435^{GFP} breast carcinoma model. During the course of these studies, Peyuchaud et al. reported development of 231^{GFP} variants [18]. GFP-tagging allowed detection of lesions one week prior to radiographic detection. We were similarly able to detect single cells or microscopic foci within two weeks, almost two to four weeks prior to radiographic evidence of osteolytic metastases. The ability to detect metastases before severe osteolysis provides a powerful tool for studying the earliest stages of bone colonization. In addition, the potential to minimize pain and suffering associated with more extensive bone involvement (e.g., paralysis or fracture) provides significant ethical improvement. Additionally, obviating the need for histology to observe bone metastases is a major savings in time and resources. Third, the sensitivity of GFP detection permits imaging of single cells. While we had

previously used fluorescently labeled tumor cells to quantify single cells in lung, the capacity to detect microscopic, single cell foci within intact bone or in a bone which had been bisected was a fortuitous finding. Coupled with newly developed techniques that allow decalcification and sectioning, while maintaining fluorescence [44], we believe that it is now possible to study the earliest steps of tumor cell arrival and movement within the bone micro-environment. Fourth, we were able to store tissues for long periods (several months) while maintaining fluorescence. This ability provides investigators with adequate time to thoroughly examine tissues in large scale experiments involving multiple experimental groups.

In conclusion, we have added another human breast carcinoma cell line to the armamentarium for studies of metastasis to bone. By incorporating improved detection due to fluorescent tagging, a model is now available for studying the earliest steps in osseous metastasis and for large scale experiments where significant osteolysis is not desirable.

Acknowledgements

This research was supported by grants from the National Institutes of Health (CA87728 and CA89019) and the National Foundation for Cancer Research Center for Metastasis Research. We are indebted to Dr Janet E. Price (University of Texas-M.D. Anderson Cancer Center) for providing the MDA-MB-435 cells and Lynn R. Budgeon for histological sectioning. We also acknowledge Drs Henry Donahue, Carol Gay and Andrea Mastro for their advice and helpful discussions.

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This result allowed us to conclude that arsenite-induced apoptosis of this cell line was through the activation of caspase-3, although it remains unclear what reaction component(s) were modified by boiling. The mechanism of increasing sensitivity by the boiling method needs to be studied further.

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Received 17 June 2002; accepted 16 August 2002.

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Maintaining GFP Tissue Fluorescence through Bone Decalcification and Long-Term Storage

BioTechniques 33:1197-1200 (December 2002)

Decalcification of bone is required for frozen or standard histological sectioning; however, acidic decalcification solutions abrogate the fluorescence of tissues expressing enhanced GFP. In

addition, long-term storage of fluorescing tissues from *in vivo* studies necessitates maintaining GFP fluorescence in a solution that does not compromise tissue and cellular integrity.

The spread of metastatic cancer to skeletal sites is a grim complication frequent in breast, prostate, and lung cancers. In particular, the incidence of breast cancer metastasis to bone has been estimated to be as high as 85% (2), causing osteolytic lesions that result in pathological fractures, spinal cord compression, and hypercalcemia. Why

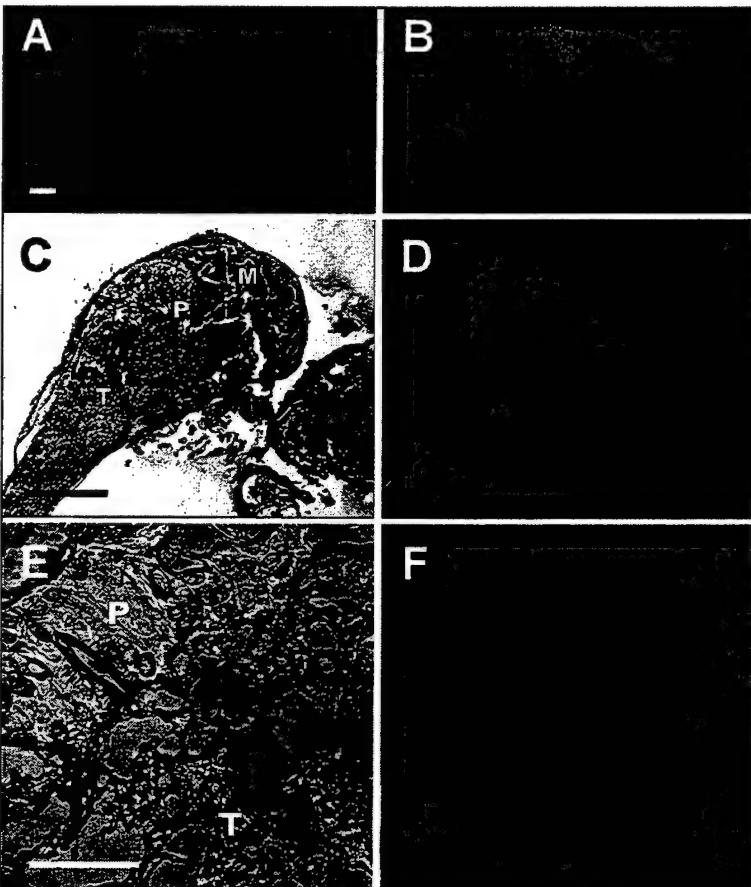


Figure 1. Fluorescence of GFP-tagged breast cancer metastases is maintained through decalcification and frozen sectioning of murine hind limb bones. (A) Fluorescence microscopy of whole femur and proximal tibia following 4% paraformaldehyde fixation. Bar = 1 mm. (B) Fluorescence following 14 h incubation in 0.5 M EDTA in CMF-PBS, immediately preceding frozen sectioning. (C and E) Bright-field photomicrographs of frozen sections. Tumor (T) has filled medullary canal but has not crossed the epiphyseal growth plate (P) into distal normal marrow (M). Since the epiphyseal growth plate is normal murine tissue, it does not fluoresce. Normal murine tissue also exists between tumor cells, and some spaces are the result of tissue sectioning artifact. (C, Bar = 1 mm; E, Bar = 0.1 mm). (D and F) Corresponding fluorescence microscopy reveals fluorescing tumor tissue replacing marrow of the medullary canal.

Benchmarks

breast cancer exhibits significant predilection for bone is unknown. To model skeletal metastasis *in vivo*, we engineered metastatic human breast carcinoma cell lines (MDA-MB-435 and MDA-MB-231) to constitutively express GFP (4). Intracardiac injection of cells into the left ventricle of female athymic mice produces widespread skeletal metastases, localized predominantly to the trabecular regions of bones including femur, proximal tibia, proximal humerus, and lumbar vertebrae.

The utility of GFP-tagging for the detection of metastases and tracking of single cells *in vivo* has been clearly demonstrated in several models (3,5,7) including bone metastasis (6,8–11). Bone metastases may be easily identified in whole bone without laborious sectioning or radiographic detection that customarily requires degradation of at least 50% of the mineralized bone (1). However, histological sectioning is required to determine the position of metastases at the microscopic level. Paraffin or frozen sectioning of bone without fixation and decalcification often causes shattering of the calcified tissue and contributes to significant wear or chipping of blades. While 4% paraformaldehyde fixation of GFP tissues maintains fluorescence, decalcification methods employing acidic solutions quickly abrogate fluorescence.

Metastatic MDA-MB-435 cells were transfected with pEGFP-N1 (BD Biosciences Clontech, Palo Alto, CA, USA) by electroporation (GenePulser™, Bio-Rad, Hercules, CA, USA; 220 V, 960 μ F, ∞ Ω). The brightest 25% of the neomycin-resistant fluorescing cells were sorted using a Coulter EPICST™ V cell sorter (Beckman Coulter, Fullerton, CA, USA). Cells were introduced into athymic mice by either mammary fat pad or intracardiac injection. Fresh primary tumors fluoresced and continued to fluoresce following fixation in freshly prepared 4% paraformaldehyde (4°C) for 24–48 h. Tissues were examined using a Leica MZFLIII dissection microscope, equipped with GFP2 filter set (Leica, Deerfield, IL, USA). Samples were subsequently exposed to common decalcification solutions including CalEX® (Fisher Scientific, Pittsburgh, PA, USA), 10% sodium cit-

rate/22.5% formic acid, and 0.5 M EDTA in calcium and magnesium-free Dulbecco's PBS (CMF-PBS) (pH 7.8, 4°C). While fluorescence was eliminated following incubation in the acidic solutions (CalEX and sodium citrate/formic acid), 0.5 M EDTA maintained tissue fluorescence (Figure 1, A and B). Next, to determine the minimum incubation time sufficient for decalcification, two hind limbs, dissected free of soft tissue, were incubated in 10 mL 0.5 M EDTA (4°C) and removed at various time points including 6, 12, 18, 24, 36 and 48 h. Bones were then mounted in O.C.T. compound (Tissue-Tek, Elkhart, IN, USA) and frozen-sectioned. Bones decalcified for 18 h contained limited calcified deposits, as determined by blade sound and feel during frozen sectioning, while 24-h treatment achieved complete decalcification and eliminated blade wear. Fluorescing skeletal metastases were readily visible in frozen sections by fluorescence microscopy (Figure 1, C–F).

Historically, extended archiving of fluorescently tagged tissues, including

GFP-labeled cells, has also been problematic. Freezing of tissues may protect fluorescence but can introduce freezing artifacts. While 4% paraformaldehyde maintains fluorescence during fixation, long incubations can deteriorate fluorescence, as can extended storage in 70% ethanol following fixation. Nevertheless, retention of paraformaldehyde-fixed tissues (24-h fixation) in only CMF-PBS (4°C) is incapable of preventing tissue autolysis and cellular degradation. Having observed that tissue still fluoresced after several weeks in 0.5 M EDTA at 4°C and that no tissue autolysis was apparent, we tested whether this was a possible long-term storage medium. We have also tested two dilute solutions of paraformaldehyde (0.5% and 1% paraformaldehyde in CMF-PBS) in parallel with 4% paraformaldehyde. Whole murine bones (including skull, mandible, ribcage, vertebral column, pelvis, and limbs) were dissected free of soft tissues, and all bones derived from an individual mouse were combined in a single 25-mL vial. Vials were filled with 4% paraformaldehyde (approximately 18 mL) for



Figure 2. Storage of fluorescent tissues in 0.5 M EDTA or 1% paraformaldehyde solutions maintains both tissue fluorescence and morphology. (A and B) Two brain metastases visible in a sagittal section of the skull at two months (A) and 11 months (B). Photomicrographs with identical exposure settings were collected using a MagnaFire™ digital camera (Optronics, Goleta, CA, USA), and ImagePro Plus software (Media Cybernetics, Silver Spring, MD, USA). (C and D) While there is an overall decrease in tumor cell fluorescence and a slight increase in background autofluorescence, GFP-tagged cells are still apparent. Two vertebral metastases stored for 11 months (D, 10-s exposure) compared to an image captured of the specimen when fresh and unfixed (C, 5-s exposure). (E–G) Bright-field (E) and fluorescence (F) images of proximal humerus immediately before histological sectioning at 11 months (G). H&E staining shows tumor (T) infiltrating through normal marrow (M) and trabecular bone (B) toward the epiphyseal growth plate (P). (H) Metastasis in proximal right femur fluoresces following 19 months in 1% paraformaldehyde. Bars = 1 mm.

Benchmarks

24–48 h, and the solution was then replaced with 0.5 M EDTA, 0.5% paraformaldehyde, or 1% paraformaldehyde, each in CMF-PBS. Vials were stored at 4°C at all times. We can report that 11 months storage in 0.5 M EDTA, and 19 months in 0.5% and 1% paraformaldehyde, both soft-tissue and skeletal metastases still fluoresce (Figure 2, A and B). Under these conditions, a few metastases lost considerable fluorescence and were only slightly visible above background. By contrast, the majority of samples stored concurrently in 4% paraformaldehyde no longer fluoresced.

Background auto-fluorescence commonly increases following fixation, and the intensity of GFP fluorescence is sometimes reduced compared to fresh tissue (Figure 2, C and D). Nonetheless, maintenance of fluorescence, along with relatively good preservation of cell morphology when tissues are routinely sectioned, renders this inconvenience acceptable for most uses (Figure 2, E–G). This technique now provides investigators adequate time to thoroughly examine tissues in large-scale experiments involving several replicates in multiple experimental groups. The safety of 0.5 M EDTA for both decalcification and storage also eliminates the need for additional solution changes and enables immediate histological processing of archived samples, including use for standard histological staining.

In conclusion, 0.5 M EDTA in CMF-PBS is capable of decalcifying murine bones in at least 24 h without harming GFP fluorescence and can be utilized for long-term archival of fluorescent specimens. Additionally, extended storage in 0.5%–1% paraformaldehyde maintains tissue fluorescence without concomitant decalcification.

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This research was supported by grants from the National Institutes of Health (CA87728) and the Penn State-National Foundation for Cancer Research Center for Metastasis Research. We are indebted to Dr. Janet E. Price (University of Texas-M.D. Anderson Cancer Center) for providing the MDA-MB-435 cells. Address correspondence to Dr. Danny R. Welch, Dept. of Pathology, University of Alabama at Birmingham, 1670 University Blvd., Birmingham, AL 35294-0019, USA. e-mail: dwelch@path.uab.edu

Received 21 August 2002; accepted 17 September 2002.

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Vital Stain to Study Cell Invasion in Modified Boyden Chamber Assay

BioTechniques 33:1200–1204 (December 2002)

The capacity of cancer cells to invade basement membrane is a hallmark of metastasis. The modified Boyden chamber assay is often used to analyze and quantify the migratory and invasive potential of cells (5,8). It has a microporous membrane, which separates the two chambers, and is coated with Matrigel™ (BD Biosciences, San Jose, CA, USA) or any other extracellular matrix proteins like fibronectin, laminin, or collagen. Invasive cells seeded in the upper chamber respond to the chemoattractant in the lower chamber, invade the gel, and migrate to the lower surface of the membrane, whereas noninvasive cells remain in the upper chamber. The chambers are fixed, and cells on the upper side of the filter are removed with a cotton swab. Cells that have migrated to the lower side of the filter are stained [e.g., Diff Quick (9)] and counted. Quantitation of the results is usually tedious, as cells may not be clearly visible. Also, it is not possible to assess invasion during the incubation period and count cells that have started invading the gel but have not reached the lower surface of the membrane. Numerous technical papers have addressed these difficulties (2,7,9).

We have used a supra vital dye, Hoechst 33342 (Sigma, St. Louis, MO, USA) to stain cells during the invasion assay. This is a vital fluorescent stain that binds specifically to AT-rich nuclear DNA (1,3,10). It is excited by UV rays and emits blue fluorescence.

In the preliminary experiments, cervical carcinoma (SiHa) cells pulse-labeled for 20 min with Hoechst 33342 at 2 µg/mL showed bright nuclear fluorescence and did not exhibit any toxicity on viability, proliferation, and motility. These observations were comparable to earlier reports (6). The same concentration was used in the subsequent experiments, performed in triplicate. The methodology used was as described previously (4), using 6.5-mm transwell chambers with 8 µm pore size (Corning Costar, Acton, MA, USA).

Genomic analysis of primary tumors does not address the prevalence of metastatic cells in the population

Ramaswamy *et al.*¹ compared gene expression profiles of adenocarcinoma metastases to unmatched primary adenocarcinomas. They found an expression pattern that distinguished primary tumors from metastases but also reported that a subset of primary tumors had the expression pattern of metastases. This finding led them to challenge "the notion that metastases arise from rare cells within the primary tumor". In fact, their finding provides no evidence to contradict this notion.

To produce a metastasis, a tumor cell must complete a series of sequential steps, including detachment, invasion, survival in the circulation, attachment, extravasation, proliferation, induction of neovasculature and evasion of host defenses². Because metastases are largely clonal in origin^{3–5}, the successful metastatic cell must have a set of characteristics that enable it to complete each step in the sequence. Lack of any single characteristic derails the process and prevents the cell from developing into a metastasis. Thus, the successful metastatic cell has been likened to a decathlon champion, who must be proficient in all ten events, not just a few, to be successful². A primary tumor may contain many different cells, each of which can complete some of the steps in the metastatic process but not all. In aggregate, all of the steps may be represented among cells of the primary tumor, but it may still be the rare cell that can complete all the steps and thus give rise to a metastasis. The study by Ramaswamy *et al.*¹ looked at primary tumors in aggregate and, therefore, cannot rule out this possibility. The authors seem to have overlooked the large body of evidence indicat-

ing that primary tumors are heterogeneous with respect to many characteristics, including those associated with metastasis^{2,6,7}. One example came from our work in which we found, by cloning, that unselected tumor cell lines with low metastatic potential contained a small number of cells with high metastatic potential, as well as many non-metastatic cells³. More recently, *in situ* hybridization was used to detect the expression of genes associated with the metastatic phenotype, specifically, those encoding MMP-2, MMP-9 and E-cadherin^{8–10}. This approach allows not only the detection of gene expression but also its visualization in the tumor. These studies showed that expression of these three genes varied independently between the peripheral and central zones of the tumor and among other regions in a single section of the tumor. It stands to reason that the more cells express such genes, the higher the likelihood will be that the tumor will eventually give rise to metastases, a correlation substantiated in retrospective studies^{9,10}. The findings of Ramaswamy *et al.*¹ using a genomics approach are consistent with those using *in situ* hybridization but have the added advantage of being able to identify previously unknown genes involved in the metastatic process.

Much evidence supports the view that progression from a benign to a malignant tumor is associated with acquisition of a set of genetic and epigenetic alterations that provide the phenotypic characteristics of malignancy^{11–13}. These changes accumulate at different rates in different tumors and are reflected, albeit imperfectly, in the pathologist's classification of

tumor stages. The stage I and II lung adenocarcinomas and early breast cancers studied by Ramaswamy *et al.*¹ generally expressed the non-metastatic pattern of genes, and only a few expressed the metastatic pattern. This probably reflects the fact that some of these primary tumors have indeed generated unique cells with full metastatic capabilities, as indicated by the patient survival data. The true significance of the study of Ramaswamy *et al.*¹ is not that it runs contrary to popular dogma, which, in our opinion, it does not, but that it may enable the identification of the small subset of tumors designated as early stage by pathologic criteria that nonetheless have already released a few metastatic cells. Thus, the study constitutes an important step in the quest to predict the behavior of tumors detected at an early stage, even though it does not address the prevalence of fully metastatic cells in primary tumors.

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Genetic background is an important determinant of metastatic potential

Recently there has been some debate about the etiology of cancer metastatic potential. Using microarray gene expression patterns of breast carcinomas, van't Veer *et al.*¹ reported that a set of 117 genes predicted metastatic potential.

More recently, a small set of 17 genes was reported to predict metastatic potential for a variety of solid tumors². These findings suggest that most primary tumor cells express a 'metastasis signature', in contrast to the classic model, which pre-

dicts that only a rare subpopulation of primary tumor cells have accumulated the numerous alterations required for metastasis. Based on this evidence, Bernards and Weinberg³ recently posited that combinations of early oncogenic alterations, not specific events that promote metastasis, determine metastatic potential. This hypothesis might explain why metastasis occurs in some individuals with small, localized tumors (that is, tumors whose

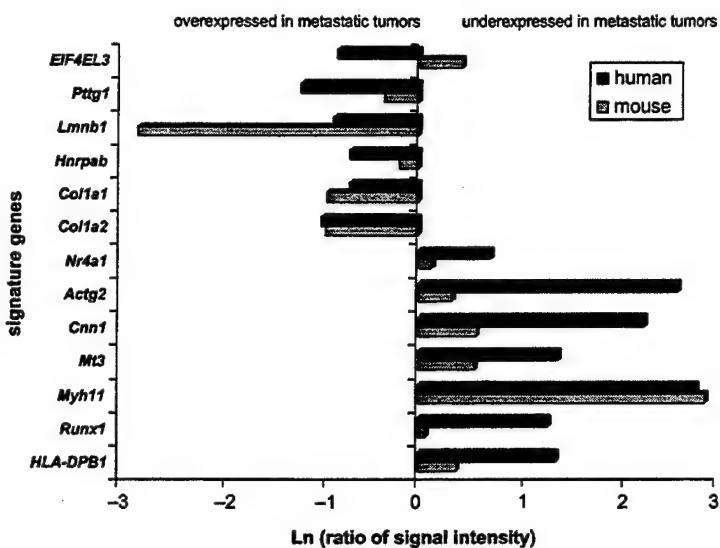
cell number is too small to have statistical likelihood of accumulating adequate numbers of mutations proposed in the conventional model).

In contrast, there is persuasive evidence for the existence of mutations that promote metastasis. For example, metastasis-specific loss of heterozygosity has been associated with many solid tumors. Based on the tumor-suppressor paradigm, several laboratories have cloned genes that, when reintroduced into tumor cells, suppress the formation of secondary tumors without altering primary tumor initiation or kinetics. So far, eight metastasis-suppressor genes have been described (reviewed in ref. 4).

Thus, compelling evidence for both models exists. How, then, can these seemingly conflicting hypotheses be reconciled? One possibility, based on our studies, would be the contribution of genetic background. Using a transgene-induced mouse tumor model and a breeding strategy to vary genetic background, we found significant differences in metastatic efficiency (as much as 10-fold) between the original FVB/NJ mice and F1 hybrids without altering tumor initiation or growth kinetics^{5,6}. We recently examined microarray data from our high-efficiency and low-efficiency metastatic genotypes for the set of 17 genes that comprise the metastasis signature². Of these 17 genes, 13 were represented on the mouse chip. The expression of 12 of these changed in the same direction as in the human set (see figure).

Because all tumors were initiated by the same oncogenic event, differences in the metastasis microarray signature and metastatic potential are probably due to genetic background effects rather than different combinations of oncogenic mutations. Consistent with our observations in metastasis, several laboratories have shown similar strain differences with regard to oncogenesis, aging and fertility in transgenic mouse models⁷⁻⁹. Data on both primary tumors and metastases reinforce the notion that tumorigenesis and metastasis are complex phenotypes involving both inherent genetic components and cellular responses to extrinsic stimuli.

Thus, although our expression data is preliminary and additional studies are



Comparison of gene expression profiles in the mouse and human metastasis signature sets. Gene expression is represented as natural log of the signal intensity ratio either of human primary to human secondary metastases or of mouse low-efficiency to high-efficiency metastatic genotypes. Genes overexpressed in metastatic tumors fall to the left of the center line; those underexpressed fall to the right.

required to confirm these results, the cumulative data suggest that differential gene expression patterns may reflect individual genetic profiles that, in turn, are important determinants of metastatic potential. Unlike highly penetrant cancer susceptibility genes, metastasis susceptibility is probably due to complex allelic combinations. Work in our laboratories has shown that multiple genes probably affect the efficiency of this process⁶.

The metastatic paradox may, therefore, be resolved by combining the two hypotheses: metastatic potential is determined early in oncogenesis but primarily by host genetic background (rather than oncogenic mutations), on which specific mutations that promote metastasis then occur. The theory also suggests that some families may be more susceptible to metastasis. If this were carried to its logical extension, the data imply that it might be possible to define metastasis susceptibility based on gene expression in readily accessible tissues (for example, blood) rather than from tumor. This would be a less costly and less invasive method to predict metastatic propensity.

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The Small Molecule $\alpha_v\beta_3$ Antagonist (S247) Inhibits MDA-MB-435 Breast Cancer Metastasis to Bone

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We developed green fluorescent protein (GFP)-tagged variants of MDA-MB-435 breast carcinoma cell line that, upon injection into the left ventricle of the heart (2×10^5 cells/0.2 mL), form progressively growing, osteolytic bone metastases. Since osteoclast formation of a lytic zone and tumor cell adhesion to matrix could involve the $\alpha_v\beta_3$ integrin, we hypothesized that antagonist of $\alpha_v\beta_3$ -vitronectin interactions may block metastasis to bone. S247 is a potent antagonist of purified $\alpha_v\beta_3$ in a solid-phase receptor assay *in vitro* with an IC_{50} of 0.2 nM for purified $\alpha_v\beta_3$ and is selective against the related $\alpha_{IIb}\beta_3$ integrin (IC_{50} 244 nM). S247 is also a potent antagonist in cell-based assays including adhesion of human $\alpha_v\beta_3$ -transfected 293 cells on vitronectin and osteoclast adhesion and actin-ring formation *in vitro*.

Athymic mice were divided into eight experimental groups: (1) no treatment; (2) vehicle (saline); (3)–(5) treatment with S247 (1, 10, or 100 mg/kg/d using subcutaneous implanted osmotic pumps) beginning 1 week prior; and (6)–(8) treatment with S247 beginning 1 week after tumor cell injection. Mice were euthanized 36 days after tumor cell inoculation. Presence and size of green fluorescent metastatic lesions in bones and viscera was recorded using a stereomicroscope. Femurs and tibia lesions were quantitatively evaluated using new multiple-slice *ex vivo* MRI methods developed to examine formalin-fixed samples. Relaxation-weighted parameters for these studies were optimized using 7T Varian INOCA microimaging system (~ 80 G/cm gradient insert; 38-mm inner-diameter imaging).

Incidence of femur and tibia metastases was 100% for control groups. For mice treated with S247 prior to tumor cell inoculation, incidence was 67%, 30%, and 27% for the 1, 10, and 100 mg/kg/d groups. For mice treated post tumor cell inoculation, incidence was 75%, 80%, and 75%, respectively.

CONCLUSION: Selective antagonists of $\alpha_v\beta_3$ have the potential to decrease the incidence of metastasis to bone. Since the inhibition was greatest when S247 was present prior to tumor cell inoculation, it is likely at an early step in bone colonization (ie, adhesion or arrest) rather than at a later step (ie, proliferation). Additional studies are underway to understand the efficacy and to determine whether the size of bone lesions (ie, lacunae size) is inhibited by S247. These studies suggest that $\alpha_v\beta_3$ antagonists may be useful in prevention of the formation of bone metastases as occurs often in cancers of the breast and prostate.

Expression of RANK and RANKL in Altered in Invasive Carcinoma and Bone Metastasis of Breast Cancer

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Bone is the most common site of metastases by breast cancer. Most cancers form osteolytic metastases, in contrast to cancers such as prostate cancer which form osteosclerotic metastases. Although some evidence suggests that forming bone metastases by breast cancer cells is medi-

the increased osteoclastogenesis at the target site. A clear controversy exists whether formation of bone metastases is mediated by breast cancer cells or by stimulated osteoclasts.

We have therefore examined the expression of RANK and RANKL, two proteins important in bone remodeling signaling pathway, in invasive carcinoma of the breast and bone metastases of the breast. We observed that both RANK and RANKL were upregulated in these breast tumors and metastases. Furthermore, tumor cells were directly in contact with bone without any osteoclasts in the vicinity.

CONCLUSION: We suggest that overexpression of RANK and RANKL in breast cancer cells provides a growth advantage to the breast tumor cells, as the tumor cells appear to be directly responsible for the degradation of bone.



Available online at www.sciencedirect.com



Cancer Letters xx (0000) xxx-xxx



www.elsevier.com/locate/canlet

Mini Review

Metastasis suppressor pathways—an evolving paradigm

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Received 5 April 2003; accepted 16 April 2003

Abstract

A greater understanding of the processes of tumor invasion and metastasis, the principal cause of death in cancer patients, is essential to determine newer therapeutic targets. Metastasis suppressor genes, by definition, suppress metastasis without affecting tumorigenicity and, hence, present attractive targets as prognostic or therapeutic markers. This short review focuses on those twelve metastasis suppressor genes for which functional data exist. We also outline newly identified genes that bear promising traits of having metastasis suppressor activity, but for which functional data have not been completed. We will also summarize the biochemical mechanism(s) of action (where known), and present a working model assembling potential metastasis suppression pathways.

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Keywords: Metastasis; Suppression; Genes; Cancer; Tumor; Tumorigenesis; KISS1; MKK4; BRMS1; CRSP3; TXNIP; E-cadherin; CRMP1; Maspin; CD44; SSeCKS; Nm23; KAI1; TIMPs; DRG-1; Metastin; Multigene; Invasion; Prognosis; Therapeutic; Marker; Target; Anoikis; Proliferation; Apoptosis; Angiogenesis; Neovascularisation

1. Introduction

Despite better local treatments for cancer using surgery and radiotherapy, the clinical challenge remains combating systemic metastatic disease. Metastasis via the lymphatics, hematogenous system, or through the body cavities results in significant morbidity. Not only must cells leave the primary tumor, but they must also proliferate at the secondary

site [1,2]. Metastasis culminates the evolution of tumor cells whereby a tumor's composition collectively becomes progressively more malignant [3,4]. Tumor progression results from genetic instability coupled with selection of subpopulations of cells [3]. Eventually some cells accumulate sufficient capacity to dissociate and spread. Depending on whether the mutations occur early or late in tumor progression determines proportions of metastatic cells within tumors of a given size. This conclusion can be appreciated when interpreted in light of classical studies of Luria and Delbrück [5]. Selection of metastatic cells varies with the nature of a tumor as well as between patients. Although it is generally true

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97 that larger tumors are more likely to spread, size does
 98 not necessarily correlate with metastatic capacity
 99 [6,7]. In addition to accumulating mutations, there are
 100 exogenous signals that can influence metastatic
 101 efficiency.

102

103 2. Host-tumor interactions in neoplastic 104 advancement

105 Tumorigenicity and metastasis are distinct, but
 106 interrelated phenotypes. Tumorigenicity is necessary,
 107 but not sufficient, for metastasis. In part, metastasis is
 108 also determined, to a great extent, by tumor-host
 109 interactions. That is, the microenvironment partici-
 110 pates in the induction and selective proliferation of
 111 malignant cells [8].

112 How does the host environment at the metastatic
 113 site affect the metastatic behavior of cells? The
 114 relationship is reciprocal, and reflects both host
 115 endocrine and immunologic status. Host physiology
 116 can foster or reject neoplastic cells. In response to
 117 tumor-secreted cytokines and chemokines, diverse
 118 leukocyte populations are recruited including neutro-
 119 phils, dendritic cells, macrophages, eosinophils, mast
 120 cells and lymphocytes. All inflammatory cells can
 121 produce a plethora of cytokines, proteases (e.g.
 122 MMPs), membrane-perforating agents and soluble
 123 cytotoxic mediators (e.g. TNF- α , interleukins and
 124 interferons) ([9]). For example, tumor-associated
 125 macrophages, play a dual role in tumor development.
 126 They can kill neoplastic cells following activation by
 127 IL-2, IL-12 and interferons; but they can also induce
 128 angiogenesis by growth factor, cytokine and protein-
 129 ase secretion [9]. Indeed proteinases in the tumor
 130 milieu are largely stroma-derived [10]. Thus, meta-
 131 static tumor cells can modify the host environment so
 132 that tumor cells are nurtured.

133 Tumor-host interactions formed the basis of Sir
 134 Steven Paget's 'seed and soil' theory [11] to explain
 135 the predilection of breast cancer spread to bone. He
 136 proposed that the tumor cells (seed) are scattered in
 137 many directions by the circulatory system, but grow
 138 only in response to the microenvironments of specific
 139 organs (soil). While this review focuses on metastasis
 140 genes (i.e. in the seed), we emphasize that the
 141 regulation of those genes by the host cannot be
 142 ignored. That is, the context in which the genes

143 function must be considered, even though the details
 144 are not yet known.

145

146 3. Stochastic and selective aspects of cancer 147 metastasis

148 In order to metastasize, cells must complete a
 149 series of sequential steps, each of which is rate-
 150 limiting. Following primary tumor growth (including
 151 establishment of neovasculature or primitive vascular
 152 channels [12,13]), tumor cells detach and enter a
 153 circulatory compartment. The tumor vasculature is
 154 immature and incontinent [14], providing easier
 155 access to the vasculature. Once there, tumor cells
 156 can remain as single cells or form homo- or hetero-
 157 typic emboli but they must survive shear forces as
 158 well. At the secondary site, tumor cells can arrest due
 159 to size restriction or become tethered to vascular
 160 endothelium using a variety of surface adhesion
 161 molecules. In some cases, tumor cells recognize
 162 endothelial addressins—surface molecules that
 163 designate the cells as from a particular organ, tissue or
 164 vessel structure [15–18]. Additionally, tumor cells
 165 can respond to chemoattractants produced by different
 166 tissues [9,19]. For the most part, the identity of the
 167 attractants are not yet known [20], but recent data
 168 implicate chemokines [9,21–23]. Depending upon
 169 tumor type and the tissue in which the tumor cells
 170 have arrested, cells can begin to proliferate within the
 171 vasculature or extravasate before proliferating
 172 [24–28]. Merely getting to the secondary site does
 173 not constitute a metastasis. Metastases are defined as
 174 secondary *masses*.

175 Overall, the process of metastasis is quite ineffi-
 176 cient [29,30]. Cells in the vasculature are cleared
 177 biphasically [29,31]. The initial phase (6–24 h),
 178 represents an exponential decline of cell number,
 179 presumably due to mechanical trauma, oxygen
 180 toxicity, anoikis and immune clearance. A second,
 181 more gradual decline, presumably represents cell
 182 death at secondary sites [29]. Tumor cells that arrive
 183 at a second site do not necessarily proliferate
 184 immediately. Some cells may remain 'dormant' for
 185 extended periods or until conditions become favorable
 186 for proliferation [32–35].

187 Dormancy of pre-angiogenic metastases is
 188 more accurately described as a balance between
 189

193 proliferation and apoptosis [36]. Wong et al. [37] found
 194 that the majority of cells underwent apoptosis within
 195 24 h of intravasation. If apoptosis was inhibited,
 196 metastatic potential increased. In contrast, Luzzi et al.
 197 [33], and Cameron et al. [38] found that most cells
 198 survived, but failed to proliferate. It is not yet possible
 199 to reconcile these two apparently conflicting con-
 200 clusions. However, since the tumor cells and host
 201 tissue were not identical and since the data are not
 202 mutually exclusive, it is likely that both are correct. It is
 203 probable that the rate-limiting steps of metastasis will
 204 vary by cell lines and in different tissues, reflecting yet
 205 another level of heterogeneity within tumors.

206 Technical advances have made it possible to detect
 207 single cancer cells or microscopic foci in experimental
 208 models [39–42]. If model data are extrapolated to the
 209 clinical setting, diagnosis and treatment decisions
 210 become significantly more complex. The issue is
 211 whether microscopic foci justify aggressive treatment
 212 because of their potential to grow into overt lesions. Or,
 213 if the percentage of cells that eventually proliferate is
 214 vanishingly small, should patients be spared toxic
 215 chemotherapy since the mere detection of cell clusters
 216 at a secondary site does not necessarily translate into
 217 establishment of macroscopic metastases?

218 Considerations such as these underscore the need
 219 for markers that can be used to accurately and
 220 definitively predict metastatic potential (in this case,
 221 defined as the possibility of forming macroscopic
 222 metastases) [43]. New technologies such as micro-
 223 dissection, microarray, real-time RT-PCR, proteo-
 224 mics and comparative genomic hybridization (CGH)
 225 are being evaluated to define and characterize
 226 metastatic potential of cancer specimens [44–53].
 227 Identifying molecules that are specifically involved in
 228 metastasis (as opposed to indirect changes in gene
 229 expression due to tumor progression) presents a
 230 daunting challenge as well as significant opportunity.
 231 The difficulty relates to discriminating between mere
 232 association from causality [2,43,54–57]. Metastasis
 233 suppressor genes are attractive candidates for marker
 234 development because, by definition, their loss should
 235 be associated with the acquisition of metastatic
 236 potential [58]. Moreover, they represent potential
 237 therapeutic targets.

238 We emphasize that, while it takes a finely
 239 orchestrated set functions to metastasize, blockage
 240 of even one step halts the process. Since the discovery

of the first metastasis suppressor gene, *nm23*, more
 241 than a decade ago, the number of metastasis
 242 suppressors identified has grown significantly
 243 (reviewed in Ref. [2]).

244 Various studies involving CGH, loss of hetero-
 245 zygosity (LOH) and karyotype analysis identified
 246 distinctively altered regions and/or genomic im-
 247 balances involving various human chromosomes
 248 [55]. Some changes correlated temporally with
 249 acquisition of metastatic propensity. By inference,
 250 then, those chromosomal regions were thought to
 251 predict the location(s) for metastasis-associated genes.
 252 In the case of genetic loss, replacement of the
 253 chromosomes by microcell-mediated transfer
 254 (MMCT) was predicted to suppress metastasis.
 255 MMCT has been instrumental in identifying several
 256 metastasis suppressor genes.

257 MMCT of chromosomes 2, 7, 8, 10, 11, 12, 13, 16,
 258 17 and 20 suppressed metastasis of prostate carcinoma
 259 cells without blocking tumorigenicity (reviewed in
 260 Ref. [59]). By positional cloning regions on chromo-
 261 some 17 were narrowed to an ~70 cM [60]. Yoshida
 262 et al. [34] eventually cloned the MKK4 metastasis
 263 suppressor gene. Details regarding individual genes
 264 will be provided below. The identities of the invasion-
 265 suppressing genes with regard to metastasis suppres-
 266 sion have not been as easily forthcoming. Importantly,
 267 inhibition of invasion (unless *completely* inhibited)
 268 does not necessarily suppress metastasis. While
 269 invasion is required for metastasis, tumor cells must
 270 merely be able to accomplish the step [43,56,61,62].
 271 They do not have to be extraordinarily efficient at
 272 component processes.

273 Structural alterations involving chromosome 6 are
 274 frequent in metastatic melanoma [63]. MMCT of full-
 275 length human chromosome 6 suppressed metastasis of
 276 the human metastatic melanoma cell line C8161
 277 [64,65]. Chromosome 6 hybrids were less motile, but
 278 just as invasive [66]. Chromosome 6 hybrids engi-
 279 neered to express green fluorescent protein were used
 280 to demonstrate that they completed every step of the
 281 metastatic cascade except proliferation at the second-
 282 ary site [67]. Using subtractive hybridization the
 283 *KISS-1* metastasis suppressor was identified [68].
 284 Also using the C8161 melanoma, MMCT of chromo-
 285 some 1 suppressed metastasis [69].

286 Alterations of chromosome 11 in metastatic breast
 287 carcinoma are well documented [51]. Following

289 MMCT of chromosome 11 into the metastatic human
 290 breast carcinoma cell line, MDA-MB-435, hybrids
 291 were significantly suppressed for lung and lymph
 292 node metastasis [70].

293 MMCT has been the most lucrative technique for
 294 identifying metastasis suppressors. However, other
 295 approaches (subtractive hybridization, differential
 296 display and microarrays) have been used successfully
 297 and their frequency of identification is rapidly
 298 growing.

300 4. NM23

303 By screening cDNA libraries of matched metastatic/non-metastatic K1735 murine melanoma cell lines
 304 by differential hybridization, 'non-metastatic clone
 305 23' gene, was identified as the first metastasis
 306 suppressor gene [71]. Enforced expression in cell
 307 lines of diverse cellular origin, suppressed metastasis
 308 without altering tumor growth (reviewed in Ref. [72]).
 309 The product of the human ortholog, *NM23-H1*, was
 310 identified to be a nucleoside diphosphate kinase
 311 (NDPK). NDPKs catalyze the transphosphorylation
 312 of the γ -phosphate of a deoxynucleoside triphosphate
 313 to a deoxynucleoside diphosphate with the formation
 314 of a histidine-phosphorylated intermediate. The
 315 *Drosophila* nm23 ortholog, *awd*, is required for
 316 proper differentiation of tissues of epithelial origin
 317 (reviewed in Ref. [73]). To date, eight NM23 family
 318 members have been identified, designated *NME1*
 319 through *NME8*. Of these, *NM23-H1* and *NM23-H2*
 320 have reported metastasis suppressor activity, but
 321 NDPK activity has been dissociated from metastasis
 322 suppression [74]. Postel and colleagues identified
 323 Nm23-H2 as a PuF, a transcription-promoting factor
 324 of the *c-myc* gene [75].

326 Protein-protein and other Nm23 interaction
 327 studies have been complicated by the 'sticky' nature
 328 of the molecule, making it difficult to establish
 329 specificity [72]. Yet, building upon previous exper-
 330 iments in which histidine kinase activity of NM23 was
 331 correlated with reduced metastasis [76], Hartsough
 332 et al., showed that Nm23 immunoprecipitated kinase
 333 suppressor of Ras (KSR) [77]. KSR is a scaffold
 334 protein for the mitogen activated protein kinase
 335 (MAPK) cascade. Nm23 is phosphorylated KSR at
 336 serine 392, a 14-3-3-binding site. This, coupled with

337 observations that Nm23 transfected MDA-MB-435
 338 cells had lower levels of phosphorylated MAPK led to
 339 the conclusion that Nm23 signals through the ERK-
 340 MAPK pathway [78,79]. Numerous papers have
 341 documented signaling through the Ras-ERK-MAPK
 342 as important in metastasis. Therefore the KSR result is
 343 especially intriguing.

344 Another interesting interaction involving Nm23-
 345 H1 was recently described by Fan et al. [80]. They
 346 provide evidence that Nm23-H1 interacts with
 347 granzyme A in the process of DNA damage induction
 348 in cytotoxic T-cell apoptosis. The mechanism has not
 349 been demonstrated in tumor cells; however, the
 350 association relates to the NDPK activity of Nm23's
 351 and may offer an alternative mechanism for metastasis
 352 suppression.

353 Clinical studies assessing Nm23 as a marker for
 354 metastasis were recently reviewed [72]. Briefly,
 355 decreased expression (as would be expected for a
 356 metastasis suppressor) correlated in many, but not in
 357 all cancers. Higher expression in neuroblastoma
 358 correlated with aggressiveness. A few studies found
 359 no correlation with metastasis. Interpretation is some-
 360 times complicated because each study used different
 361 antibodies and involved different criteria. Thus, Nm23
 362 has shown promise for some cancer types, but is not yet
 363 considered an independent prognostic factor.

364 5. KAI-1 (CD82)

365 *KAI-1* was identified in prostate cancer cell lines
 366 (Dunning rat AT3.1 and AT6.1) that were suppressed
 367 for metastasis following introduction of human
 368 chromosome 11 [81]. Positional cloning mapped
 369 *KAI1* to 11p11.2 [82].

370 *KAI-1* is an evolutionarily conserved member of
 371 the tetraspanin transmembrane protein family of
 372 leukocyte surface glycoproteins. It is the only
 373 tetraspanin with an internalization sequence at the
 374 C-terminus [83]. Although no allelic losses were seen,
 375 expression in the epithelial compartment was consist-
 376 ently down-regulated during prostate cancer pro-
 377 gression [84]. Expression also inversely correlated
 378 with breast cancer metastasis [85]. Enforced consti-
 379 tutive expression suppressed metastasis of breast
 380 cancer [86] and melanoma [87]. Additionally *KAI1*
 381

385 inhibited key steps in metastasis (i.e. invasion and
386 motility) of colon cancer cells [88].

387 There are contradicting reports [89,90] regarding
388 interactions between p53 the *KAI1* promoter following
389 identification of a p53-consensus binding sequence.
390 There is evidence of *KAI1* epigenetic regulation by
391 methylation of CpG islands in the promoter [91]. The
392 mechanism of action is enigmatic, in part, because
393 *KAI1* functions as an adhesion molecule on leuco-
394 cytes, but does dramatically influence adhesion in
395 tumor cells. So, other mechanisms have been pro-
396 posed. *KAI1* directly associates with the EGF receptor
397 and suppresses induced lamellipodia and migration
398 signaling [92]. Attenuation of EGF-induced signaling
399 is accomplished by ligand-induced receptor endocy-
400 tosis. Thus, *KAI1* might suppress metastasis by
401 altering the balance between *KAI1* and EGFR, which
402 might affect proliferative and migratory signals
403 delivered. *KAI1* also associates with the cytoskeleton
404 promoting phosphorylation and association of both the
405 guanine exchange factor Vav and the adaptor protein
406 SLP76 leading to *de novo* actin polymerization [93].
407 Involvement of Rho GTPases in *KAI1* signaling brings
408 to the forefront additional pathways in *KAI1* signaling.

409 Immunohistochemical detection of *KAI1* corre-
410 lated inversely with metastasis in many different
411 cancers [59]. Down-regulation of *KAI1* was also seen
412 in cancer lines of urogenital, gynecological, and
413 pulmonary origin [94].

414 415 416 6. KISS-1, TXNIP and CRSP3

417 *KISS-1* was identified as a melanoma metastasis
418 suppressor using subtractive hybridization to compare
419 chromosome 6 metastasis-suppressed melanoma
420 hybrids with metastatic parental cells [68,95]. Sur-
421 prisingly, the *KISS-1* gene mapped to the long arm of
422 chromosome 1 [68]. Enforced expression of *KISS-1*
423 suppressed metastasis of melanoma and breast
424 carcinoma [96]. A deletion variant (neo6qdel; neo6-
425 del(q16.3-q23)) of neomycin-tagged human chromo-
426 some 6 did not suppress metastasis and did not express
427 *KISS-1* [97]. Therefore, it was hypothesized that
428 regulators of *KISS-1* were encoded on chromosome 6.

429 Ultimately, the mechanism of action of *KISS-1*
430 remains unknown. Research has been stymied by an
431 apparently short protein half-life. However, three

432 groups studying an orphan G-protein coupled receptor
433 (GPR54, hOT7T175, AXOR12) identified a fragment
434 of *KISS-1* as the ligand [98–100]. *KISS-1* fragments
435 were named metastin [100] and Kisspeptins [98]. The
436 functional peptides were amidated [100]. Ligand
437 binding initiates hydrolysis of (PIP2) and Ca^{+2}
438 mobilization and arachidonate release. ERK1/2 and
439 p38^{MAPK} phosphorylation have also been observed
440 concomitant with cytoskeletal changes [98–102].
441 Boyd and colleagues showed that constitutive up-
442 regulation of *KISS-1* in HT1080 cells resulted in
443 decreased NF κ B activation which, in turn, led to
444 diminution of MMP-9 transcription [103].

445 While Ohtaki and colleagues showed elegant data
446 showing that exogenous Metastin/Kisspeptin treat-
447 ment of receptor-transfected B16–BL6 melanoma
448 reduced metastasis and anchorage-independent
449 growth [100], activity of the endogenous receptor
450 has not been demonstrated to date in cancer cells.
451 Likewise, endogenous receptor expression and
452 mutation analysis still need to be done to firmly
453 establish a connection with melanoma metastasis.

454 The normal physiological function(s) of *KISS-1*
455 (and its receptor) are only recently becoming
456 elucidated. *KISS-1* levels are higher in early placenta
457 and molar pregnancies and are reduced in choriocar-
458 cinoma cells, favoring a predominant role in the
459 control of the invasive and migratory properties of
460 trophoblast cells [104].

461 A clinical role for *KISS-1* was inferred by the
462 experimental studies showing metastasis suppression.
463 The following issues have made it difficult to
464 complete a detailed study-lack of antibodies/antisera
465 recognizing *KISS-1* or Metastin/Kisspeptin; lack of
466 reagents recognizing receptor; and short life span of
467 the nascent protein. Nonetheless, Shirasaki and
468 colleagues used *in situ* hybridization to examine
469 *KISS-1* expression in clinical melanoma samples
470 [105]. As expected, an inverse correlation of *KISS-1*
471 with malignancy were found. While carefully per-
472 formed, information regarding *KISS-1* processing or
473 the receptors was not possible in those studies.
474 Importantly, the studies compared LOH on 6q loci
475 with *KISS-1* expression [105]. The clinical studies
476 corroborated the experimental MMCT data linking
477 loci between 6q16.3-q23. Murine orthologs of metas-
478 tin and GPR54 were used to demonstrate activation of
479 phospholipase C following ligand binding [102].

481 Recently, Goldberg et al., identified two molecules
 482 (TXNIP and CRSP3) that appear to function upstream
 483 of *KISS-1* [53]. Briefly, paired microarrays compared
 484 metastatic C8161 and non-metastatic neo6/C8161
 485 cells. Also, metastatic neo6qdel/C8161 cells were
 486 compared to neo6/C8161. The gene with greatest
 487 differential expression in both arrays was VDUP1
 488 (Vitamin D3 upregulated protein 1). VDUP1 was first
 489 identified in HeLa cells by differential display
 490 following treatment with 1,25-dihydroxyvitamin-D3
 491 [106]. Subsequently it was identified as an interactor
 492 of thioredoxin (TRN) in a yeast two-hybrid screen and
 493 is also known as TBP2 (TRN binding protein 2) and
 494 TXNIP (TRN-interacting protein, preferred name).
 495 TRN is a redox- signal regulating protein [107] and
 496 regulates stress-response MAPK signaling via sup-
 497 pression of the apoptosis signal-regulating kinase 1
 498 (ASK1) activation and also activation of transcription
 499 factors. TXNIP binds to the reduced form of TRN to
 500 inhibit function and expression [108,109]. TXNIP
 501 also regulates stress-response apoptosis signal trans-
 502 duction [110,111]. Concomitant with increased
 503 *TXNIP* expression is decreased expression of TRN
 504 and arrest of cell growth [112]. Based upon trends
 505 toward increased TRN in many tumors and cell lines,
 506 TXNIP may have tumor suppressor effects as well.

507 *CRSP3* encodes a co-factor required for SP1-
 508 mediated activation of transcription. Sp1 (Specificity
 509 protein 1) is a general transcription factor that binds to
 510 and acts through GC-boxes, widely distributed
 511 promoter elements [113,114]. *CRSP3* has no known
 512 yeast or murine orthologs [115]. Definitive clinical
 513 studies have not yet been done, but *CRSP3* and *TXNIP*
 514 expression, generally inversely correlate with mel-
 515 noma progression. Additionally, sequence tagged
 516 sites adjacent to *CRSP3* in patient samples [105]
 517 suggest that the gene may indeed show changes
 518 associated with clinical outcome.

519 520 7. TIMPs 521

522
 523 Tissue inhibitors of metalloproteinases (TIMPs)
 524 are a family of secreted proteins that selectively, but
 525 reversibly, inhibit metalloproteinases (MMPs) with
 526 1:1 stoichiometry [10,116,117]. Modulation of MMP
 527 and TIMP levels is critical to the control of
 528 extravasation and tumor-induced angiogenesis,

processes that involve basement membrane degra-
 529 dation. Paradoxically, TIMP-1, 2 and 4 have an anti-
 530 apoptotic effect, while TIMP-3 induces apoptosis.
 531 TIMP-2, in concert with MT1-MMP can bind to and
 532 activate proMMP-2 (reviewed in Ref. [116]).
 533 Although there are no known TIMP-specific recep-
 534 tors, membrane-bound molecules such as MT-MMPs
 535 and metalloproteinase disintegrins (ADAMs) serve as
 536 TIMP-binding molecules at the cell surface [117].
 537

538 TIMPs are expressed in tumor tissues and are
 539 present in the sera of cancer patients, raising the
 540 possibility that TIMP levels could predict clinical
 541 outcome and risk of metastasis [118–121]. But results
 542 are complicated because the ratio of TIMPs to MMPs
 543 is the crucial parameter. Nonetheless, the possibility
 544 that serum TIMP levels could be useful in a clinical
 545 setting remains. Gene therapy studies for local or
 546 systemic delivery of TIMPs are in an exploratory
 547 phase (reviewed in Ref. [122]).
 548

549 8. Cadherins 550

551 Cadherins are transmembrane glycoproteins
 552 responsible for Ca^{+2} -dependent cell adhesion.
 553 Although the family is widely expressed, E-cadherin
 554 (gene designation CAD1) is expressed on epithelial
 555 cells. A precursor protein (135 kDa) is processed to a
 556 mature 120 kDa form. The extracellular N-terminus is
 557 critical for homophilic Ca^{+2} -dependent cell–cell
 558 adhesion. The C-terminus interacts with β -catenin to
 559 mediate actin binding. E-cadherin/ β -catenin binding
 560 sequesters the latter, blocking nuclear translocation
 561 and transcription of *c-myc* and *cyclin D1*.
 562

563 Defining a role for E-cadherin as a metastasis
 564 suppressor is complicated. Over-expression decreases
 565 motility and invasiveness [123]. Mutations of CAD1
 566 and α -catenin have been associated with invasion
 567 [124]. High E-cadherin levels inhibit shedding of
 568 tumor cells from the primary tumor; thus, CAD1 is a
 569 metastasis-suppressor [124–126]. However, CAD1
 570 can also be a tumor suppressor [124,125,127]. Loss of
 571 expression occurs in many tumors and is directly
 572 associated with loss of differentiation (reviewed in Ref.
 573 [128]). Mechanisms of reduced expression include:
 574 reduction or loss of E-cadherin expression (by LOH or
 575 epigenetic silencing [129]), redistribution to different
 576 sites within the cell, shedding of E-cadherin

577 and competition from other proteins (reviewed in
 578 [130]). Stimulation of the EGFR by EGF, TGF- β or
 579 PP2 brings about phosphorylation of E-cadherin and
 580 β -catenin resulting in dissociation of the complex
 581 [131,132]. Other than breast and gastric cancers, with
 582 nearly 50% of the tumors affected, mutations of *CAD1*
 583 appear to be infrequent [133]. Evidence supports a role
 584 of E-cadherin in tumor suppression rather than just
 585 being an epiphenomenon of the tumor cells' pheno-
 586 typic changes [134]. Since loss of E-cadherin alone,
 587 leading to decreased cell-cell adhesion is insufficient
 588 for the tumor cells to invade, it appears more than likely
 589 that down-regulation actively transduces specific
 590 signals that support tumor invasion.

591 Recently, Kashima et al., showed that N-cadherin
 592 and cadherin-11 (osteoblast cadherin), which are both
 593 highly expressed in osteoblasts (bone forming cells),
 594 reduce metastasis to lungs without negatively affecting
 595 tumorigenicity [135]. Reduced motility was
 596 presumably the mechanism responsible for diminished
 597 metastasis. Curiously, N-cadherin and cadherin-
 598 11 are frequently over-expressed in many metastatic
 599 breast and prostatic carcinoma cells [136-138].
 600 Moreover, transfection and over-expression promotes
 601 invasion and metastasis in breast and melanoma cells
 602 [136,139,140]. These results highlight the complex-
 603 ities of interpretation because of cell origin. They
 604 further reinforce the point raised above—gene context
 605 is important.

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9. MKK4

610 MKK4/JNKK1/SEK1 is a mitogen-activated pro-
 611 tein kinase, which transduces signals from MEKK1 to
 612 stress-activated protein kinase/JNK1 and p38^{MAPK}
 613 [59]. MKK4 transmits stress signals to nuclear
 614 transcription factors that mediate proliferation, apo-
 615 ptosis and differentiation. Portions of the *MKK4* gene
 616 (on chromosome 17) were deleted or altered in cancer
 617 cell lines that displayed defects in signal transduction
 618 from MEKK1 [141]. Suppression of prostate cancer
 619 cell metastasis was brought about by over-expressed
 620 *MKK4* [142]. An inverse relationship between
 621 Gleason score and MKK4 staining was established
 622 in prostate tumors [143]. *MKK4* is also a metastasis
 623 suppressor in ovarian carcinomas [144].

10. BRMS1

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626

Following upon MMCT studies, Seraj et al.,
 627 performed differential display to identify the gene(s)
 628 responsible for chromosome 11 suppression of breast
 629 cancer metastasis. Three novel cDNAs were identi-
 630 fied. *BRMS1* suppressed metastasis in MDA-MB-231
 631 and MDA-MB-435 [145] breast carcinomas in
 632 addition to two human melanoma (C8161 and
 633 MelJuSo, [146]) and two murine mammary carcinoma
 634 cell lines (4T1 and 66cl4 [147]). *BRMS1* transfectants
 635 were not suppressed for growth in vitro or in vivo;
 636 adhesion to extracellular components (LN, FN,
 637 collagens I or IV, Matrigel); expression of gelatinases
 638 (MMP-2, MMP-9) or heparanase, or invasion in vitro
 639 [148].

640

The *BRMS1* gene mapped to human chromosome
 641 11q13.1-q13.2, a region frequently altered in meta-
 642 static breast cancer. Expression of other metastasis
 643 suppressors (i.e. *NM23*, *KAI-1*, *KISS-1*, *CAD1*) did not
 644 correlate with *BRMS1*. Motility was moderately
 645 reduced in wound assays as was the ability to grow
 646 in soft agar. The most striking change amongst
 647 transfectants was restoration of gap junctional inter-
 648 cellular communications (GJIC) [148,149],
 649 accompanied by increased expression of connexin
 650 (Cx) 43 and decreased expression of Cx32 [150].
 651 Connexins are the protein subunits of gap junctions
 652 and the expression pattern in *BRMS1* transfectants
 653 more closely mimics normal breast tissue. Using real
 654 time RT-PCR, *BRMS1* expression inversely corre-
 655 lated with metastasis in human melanoma cells [146].
 656 Expression of *BRMS1* also reduced T24T, metastatic
 657 the human bladder carcinoma metastasis, T24 [151].
 658 Although a role in normal physiology has not been
 659 determined, *BRMS1* does not appear to regulate
 660 invasive and/or migratory properties of trophoblast
 661 cells [104]. *BRMS1* RNA expression was detected in
 662 villous cytotrophoblasts, but the level in invasive
 663 cytotrophoblasts, the subclass of trophoblast cells that
 664 invades into the decidua was not examined, thus
 665 warranting prudence in interpreting the data.

666

Hunter and colleagues [152,153] using a genetic
 667 approach to identify factors predisposing to metastatic
 668 disease, co-localized the *Brms1* gene with the *Mtes1*
 669 (*Metastasis Efficiency Suppressor 1*) locus on
 670 chromosome 19 (orthologous to human chromosome
 671 11). Later studies utilizing comparative sequence

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673 analysis, however, suggest that *Brms1* is not likely
 674 *Mtes1* [152,154].

678 11. SSeCKS

680 SSeCKS (pronounced essex) for Src-suppressed C
 681 kinase substrate expression is down-regulated in *src*-
 682 and *ras*-transformed rodent fibroblasts [155,156]. It is
 683 the likely rodent ortholog of human Gravin/AKAP12,
 684 a cytoplasmic scaffolding protein for protein kinases
 685 A and C [157], concentrating at the cell edge and
 686 podosomes. In response to phorbol esters, SSeCKS
 687 controls elaboration of a cortical cytoskeletal matrix.
 688 Over-expression suppresses v-src-induced morpho-
 689 logical transformation and tumorigenesis. ERK2
 690 activity was induced 5- to 10-fold in presence of
 691 v-src [158], resulting in decreased cyclin D1
 692 expression and pRb phosphorylation, thereby playing
 693 a role cell cycle progression [158,159]. While
 694 SSeCKS/Gravin protein is detected in untransformed
 695 rat and human prostate epithelial cell lines, expression
 696 is severely reduced in metastatic prostate carcinoma
 697 cell lines. Re-expression significantly decreased lung
 698 metastases, induced filopodia-like projections and
 699 decreased anchorage-independent growth [160] in
 700 vitro.

704 12. RhoGDI2

707 Rho GTPases are guanine nucleotide binding
 708 proteins, which cycle between active GTP-bound
 709 state and inactive GDP-bound state. RhoGDI (Rho
 710 *GDP dissociation inhibitors*) stabilize the GDP-bound
 711 form and sequester them in an inactive non-membrane
 712 localized, cytoplasmic compartment [161]. In an
 713 earlier bladder carcinoma study, RNA expression of
 714 RhoGDI2 was associated with decreased metastatic
 715 potential [151]. Transfection and enforced expression
 716 suppressed metastasis of T24 human bladder carci-
 717 noma variants [162]. Gene expression profiling of 105
 718 bladder carcinomas, corroborated the expression
 719 pattern—i.e. *RhoGDI2* expression correlated inver-
 720 sely with the invasive phenotype of tumors.

721 13. Drg-1

722 *Drg-1* (a.k.a. RTP, cap43 and rit42) was identified
 723 as a differentiation-associated gene in colon carci-
 724 nomas by differential display [163]. It is orthologous
 725 to mouse TDD45 and Ndr1 and rat Bdm1. Kurdistani
 726 and colleagues showed that introduction of *Drg-1*
 727 cDNA suppressed tumorigenicity of human bladder
 728 carcinoma cells, suggesting that *Drg-1* is a tumor
 729 suppressor gene [164]. However, in vitro invasion and
 730 liver metastases are inhibited from colorectal carci-
 731 nomas when expression is restored either by inhibiting
 732 DNA methylation or by transfection [165]. Likewise,
 733 Bandopadhyay et al., recently showed that prostate
 734 carcinoma cells are suppressed for metastasis, but not
 735 tumorigenicity, when *Drg-1* is over-expressed [166].
 736 The latter studies support the contention that *Drg-1* is
 737 a metastasis suppressor.

738 *Drg-1* expression inversely correlated with Glea-
 739 son score in human prostate cancer specimens [166].
 740 While the mechanism of action of *Drg-1* is unknown,
 741 it is up-regulated by PTEN and p53 and phosphory-
 742 lated by Protein Kinase A [167]. It is postulated that
 743 *Drg-1* might function downstream of MKK4, since it
 744 is induced similarly to the stress activated protein
 745 kinases (JNK/SAPK) [168] via MKK4, itself a
 746 metastasis-suppressor.

749 14. Metastasis suppressors without functional 750 portfolio

752 The above genes have functional evidence sup-
 753 porting classification as metastasis suppressors. We
 754 will briefly describe below several others whose
 755 evidence is suggestive, but the data are deficient with
 756 regard to classification as metastasis suppressors for
 757 two reasons. First, the data are at this time correlative,
 758 not functional. Second, functional suppression of
 759 metastasis occurs concurrent with diminished tumor-
 760ogenicity. In the absence of experimental arms to
 761 accommodate differential growth rates and detailed
 762 analysis to verify expression, designation as metas-
 763 tasis suppressors by the strict definition is not
 764 possible.

765 Responding to environmental and growth
 766 stimuli, axons extend growth cones in several
 767 directions. *Semaphorins*, a large family of secreted

769 and membrane-bound proteins participate in a repulsive (collapse) process [169,170]. CRMP proteins aid
 770 intracellular transduction of collapse signals [171].
 771 *CRMP-1*, for *Collapsin Response Mediator Protein-1*,
 772 is one of five proteins in the CRMP family, whose
 773 molecular mechanisms have not yet been characterized,
 774 although recent literature implicates involvement in controlling cell movement (reviewed in Ref.
 775 [172]). Recently, CRMP-1 was shown to reduce
 776 invasion of lung cancer cells [51]. Shih et al.,
 777 demonstrated that CRMP-1 expression was inverse
 778 to lung carcinoma grade. Expression correlated
 779 directly with survival and time to relapse.

780 *Gelsolin* modulates actin assembly and disassembly to regulate motility. It also inhibits apoptosis
 781 [173]. Gelsolin decreases colonization in soft agar,
 782 retards spread, reduces chemotaxis to fibronectin and
 783 suppresses both tumorigenicity and metastasis of
 784 melanoma [174], bladder carcinoma [175] and lung
 785 carcinoma [176].

786 Following identification by DD-RT-PCR comparing
 787 normal mammary epithelium and invasive
 788 mammary carcinoma cells, *maspin* (mammary serine
 789 protease inhibitor) was reported to suppress invasion
 790 and metastasis (but no metastasis data was shown in
 791 the original paper). Complicating interpretation,
 792 tumorigenicity and growth were also reduced. [177].
 793 The gene, *SERPINB5*, is a member of the serine
 794 protease inhibitor (serpin) gene cluster on chromo-
 795 some 18q21.3. Maspin transgenic mice show attenu-
 796 ated tumor progression and metastasis, supporting its
 797 role against tumor spread [178]. Mechanistically,
 798 maspin also sensitizes cells to induced apoptosis [179]
 799 and reduces angiogenesis [180]. Expression of maspin
 800 is controlled at several levels. Futscher et al. [181]
 801 showed that cell-type specific expression of maspin
 802 inversely correlated with methylation of *SERPINB5*.
 803 *SERPINB5* expression can be surmounted by treat-
 804 ment with 5-aza-2'-deoxycytidine [182]. Regulation
 805 of maspin by p53 has also been reported using EMSA
 806 [183].

807 Heterochromatin-associated protein 1 (HP1^{HSa})
 808 expression is down-regulated in highly invasive
 809 metastatic cells compared to non-metastatic cells
 810 where it is predominantly localized in the nucleus.
 811 Although the clinical correlations show promise as a
 812 metastasis suppressor HP1 in breast carcinoma [184],

813 no data functional evidence for metastasis suppression
 814 are yet available.

815 Data for *CD44* as a metastasis suppressor are
 816 controversial. Gao et al., showed *CD44* to have
 817 metastasis suppressor activity in AT3.1 prostate
 818 carcinoma cells, without altering tumorigenicity
 819 [185]. Complexity exists because *CD44*, which
 820 encodes a membrane protein that binds the extra-
 821 cellular membrane components hyaluronic acid and
 822 osteopontin exists in multiple isoforms. The standard
 823 isoform, *CD44-s*, significantly (>60%) reduces lung
 824 metastases, but it is still not certain which are the most
 825 relevant isoforms for cancer and metastasis. Reagents
 826 to study the role(s) of particular isoforms in
 827 tumorigenicity and/or metastasis are under develop-
 828 ment. Until then, *CD44* data should be interpreted
 829 cautiously.

830 *SHP-2* is a widely expressed cytoplasmic tyrosine
 831 phosphatase that is believed to participate in signal
 832 relay downstream of growth factor receptors. *SHP-2*
 833 impairs spreading of fibroblasts on fibronectin and
 834 migration (in vitro) [186]. Cells expressing mutant
 835 *SHP-2* display reduced focal adhesion kinase de-
 836 phosphorylation as well as decreased association with
 837 paxillin. In vivo demonstration of metastasis suppres-
 838 sion remains to be done.

15. Remaining questions and perspectives

839 The critical clinical threshold for any cancer is
 840 development of metastasis. Diagnosis occurring prior
 841 to the establishment of secondary lesions means
 842 favorable prognosis and more effective treatment. As
 843 a result, earlier, more effective diagnosis has been
 844 instrumental in improving cure rates for cancer.

845 Unfortunately, there are many cases in which there
 846 is no evidence of cancer spread at the time of
 847 diagnosis. Treatment plans are usually based upon
 848 somewhat subjective morphologic criteria in tissue
 849 specimens submitted to the pathologist. In the case of
 850 breast cancer, approximately 25% of node-negative
 851 patients develop metastases despite being designated
 852 'metastasis negative' at the time of diagnosis. What
 853 can be done to identify the patients whose cancers are
 854 likely to spread and those whose cancers are unlikely
 855 to form secondary lesions? The answer depends upon
 856

865 a thorough understanding of the underlying genetic
866 and biochemical basis of metastasis.

867 While it is not yet known how, or whether,
868 metastasis suppressor genes will play a role in
869 predicting the propensity to metastasize in clinical
870 cancer, information gained by understanding the
871 mechanisms of action of the metastasis suppressors
872 is providing insight into the fundamental mechanisms
873 controlling cancer spread. The metastasis suppressors
874 identified in Table 1 and Fig. 1 were discovered in
875 several laboratories, using different model systems,
876 and tested using distinct experimental systems. There
877 is variability in terms of understanding mechanism
878 and with regard to clinical evaluation. Nonetheless,
879 the pieces to a complex jigsaw puzzle are beginning to
880 take form. Pathways are beginning to emerge that
881 connect heretofore independent metastasis suppressors.
882 The picture is still sketchy; but some common
883 elements are apparent.

884 First, many metastasis suppressors have functions
885 that amplify 'signals' (i.e. there are several branches
886 downstream in each signaling arbor). This situation is

913 highly desirable for controlling complex, multigenic
914 phenotypes like metastasis. Second, metastasis sup-
915 pressors exist within all cellular compartments. The
916 situation is reminiscent of the genes controlling cell
917 cycle, apoptosis, and differentiation. The expectation
918 (hope?) is that, like the cell cycle genes, some higher
919 order will become evident as the regulatory molecules
920 are put into pathways. Moreover, it is hoped that key
921 rate-limiting steps will be identified. Third, many
922 metastasis suppressors function in diverse cell types
923 (i.e. genes discovered in one tumor type also suppress
924 metastasis in cells of other origins). Fourth, despite
925 use of a strict definition of metastasis suppression (i.e.
926 demonstration of a functional suppression of metas-
927 tasis without inhibition of tumor formation), the
928 number of metastasis suppressor genes is continuing
929 to grow. How many metastasis suppressor genes are
930 there? We do not know. Based upon similarly highly
931 regulated phenotypes, we would predict that the
932 number is limited within the core regulatory path-
933 way(s). The complexity is daunting if alterations
934 downstream are also counted.

888 Table 1
889 Characteristics of metastasis suppressor genes

890 891 892 893 894 895 896 897 898 899 900 901 902 903 904 905 906 907 908 909	Method of discovery ^a	In vitro characterization ^b				In vivo characterization		
		Soft agar colonization	Motility	Invasion	Adhesion to ECM components	Tumor growth	Metastasis	Clinical specimens
BRMS1	MMCT/DD	↔	↓	↓	↓	↔	↓	
CAD1	Clin		↓		↓	↔	↓↑	↓
Cadherin-11	MA		↓			↔	↓↑	
CD44-s	MMCT					↔	↓	
CRMP-1	MA			↓		↔		
CRSP3	MMCT/MA					↔	↓	
Drg-1	DD	↔	↓	↓	↓	↔	↓/↔	↓
Gelsolin	Clin	↓				↓		
HP1 ^{HS} _α	Clin			↓			↓	
KAI-1	SH	↓	↓	↓	↔	↓	↓	
KISS-1	MMCT/SH	↓	↓	↓	↔	↔	↓	
MKK4	MMCT/PC					↔	↓	
N-cadherin	MA					↔	↓↑	
NM23	SH	↓	↓	↓	↓	↔	↓	
RhoGDI2	MA			↓		↔	↓	
SERPINB5	DD		↓	↓		↓	↓	
TXNIP	MMCT/MA			↔	↔	↔	↓	

^a The method of discovery is abbreviated: Clin, clinical correlation; DD, differential display; MA, microarray; MMCT/DD, microcell-mediated chromosome transfer + differential display; or SH, subtractive hybridization.

^b Arrows depict direction of change in behavior or expression (in clinical samples). (↔) depicts no consistent change. Fields left blank indicate that the experiments have not yet been done or have not been reported.

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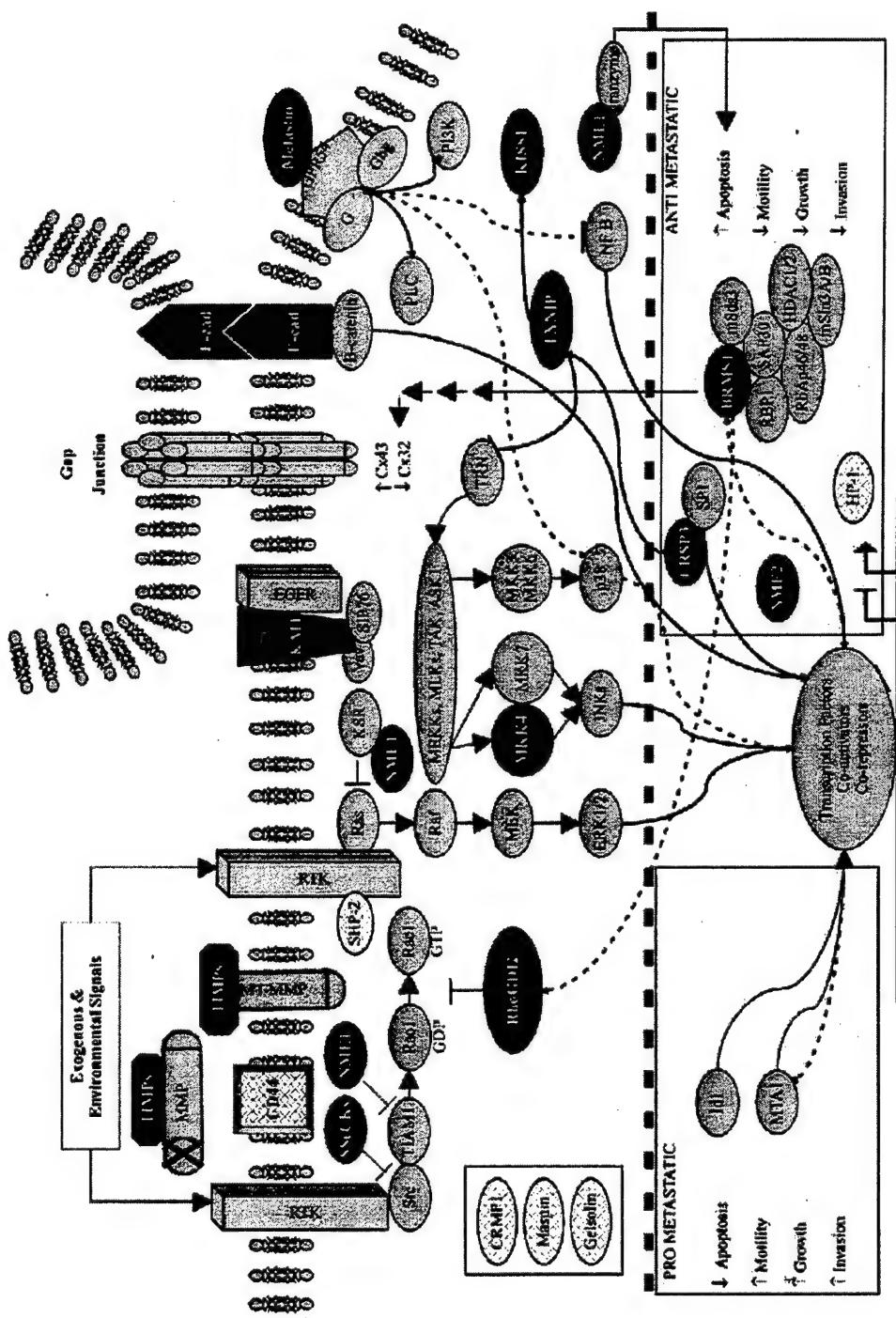


Fig. 1. Proposed model of pathways of metastasis suppression. Metastasis suppressor genes are featured in solid black shapes. Solid lines indicate pathways for which biochemical evidence has been provided. The dotted lines represent inferred/implied pathways. Putative metastasis suppressors are stippled. If the location of the proteins are known, they are placed. If the location or functional subcellular compartment are not definitively known, the proteins are placed in the box at the left. Some connections are omitted to simplify the figure. The shadowed boxes positioned within the nucleus highlight the existence of pro- and anti-metastatic genes involved in transcription. Two molecules are highlighted with regard to promoting metastasis, *Id1* [199,200] and *MTA1* [201,202].

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1057 The field of metastasis genetics and the existence of
1058 genes that specifically control metastasis has been
1059 called into question by some [6,7]. Yet, functional data
1060 with the metastasis suppressor genes strongly argue
1061 that there are specific genes controlling metastasis.

1062 Our colleague, Kent Hunter has collected some
1063 very important data that support the existence of
1064 metastasis genes using breeding strategies in mice.
1065 Using a transgene-induced mouse mammary tumor
1066 model (MMTV-PyMT), mice were crossed with mice
1067 of varying genetic backgrounds. Significant differ-
1068 ences in metastasis were found despite failure to alter
1069 tumor initiation or growth kinetics in some strains.
1070 Since all of the mouse tumors were initiated by the
1071 same oncogenic event, the differences in metastasis
1072 and gene expression are most likely due to genetic
1073 background. His data reinforce a notion that we
1074 introduced earlier—gene context is an important
1075 parameter in determining metastatic potential.

1076 Further contributing to the argument that micro-
1077 environment is important are observations from
1078 multiple laboratories showing that many metastasis
1079 suppressors act at the terminal steps of the metastatic
1080 cascade, i.e. proliferation at the secondary site [34,67,
1081 187]. In studies from our laboratory, we have showed,
1082 that tumor cells proliferated in some sites (i.e.
1083 orthotopic) but not others (i.e. metastatic). Further-
1084 more, we have preliminary evidence that some meta-
1085 stasis suppressor genes suppress colonization in some
1086 organs, but not others (J.F. Harms and D.R. Welch
1087 unpublished). Much more work will be required to
1088 understand the interplay between metastasis-controlling
1089 genes and microenvironment; however, the
1090 importance of cellular context cannot be overstated.

1091 An issue that has stymied the field for several years
1092 is the imprecise use of terminology. Even a cursory
1093 look at the literature finds numerous papers that claim
1094 suppression of metastasis. Many claims are
1095 unfounded because there is no biological data to
1096 support them. Metastasis is an *in vivo* phenotype and,
1097 quite simply, *in vitro* assays are not always predictive
1098 of *in vivo* behavior. In short, many labs suppressed
1099 steps of metastasis (i.e. invasion, motility, adhesion,
1100 resistance to apoptosis, growth) without testing the
1101 impact of changes using *in vivo* metastasis assays.
1102 Correlative studies are often related to promises
1103 unfulfilled. Nonetheless, we are encouraged by the
1104 emergence of new researchers in the metastasis field

1105 and the breadth of expertise that they bring. More
1106 common are claims that a gene blocks metastasis
1107 when it blocks growth—tumorigenicity. The issue
1108 was addressed above. However, the field must address
1109 the paradox that emerges when metastasis is sup-
1110 pressed in one cell type but tumorigenicity is
1111 suppressed in another (as for E-cadherin and DRG-1).

1112 What do the data summarized in this review tell us
1113 about the clinical control of metastasis? Readers are
1114 cautioned to note that reliable antibodies/antisera
1115 recognizing many of the metastasis suppressors do not
1116 yet exist. As a result, many of the correlations
1117 presented are measured using RNA. While pro-
1118 portional expression of RNA and protein is antici-
1119 pated for most, data are not yet available to
1120 definitively conclude such. Likewise, it is not known
1121 whether some metastasis suppressors are post-trans-
1122 lationally modified. Ultimately, interpretation will
1123 depend upon identifying the functional protein
1124 responsible for metastasis suppression.

1125 Another area of active research relates to the
1126 mechanisms responsible for loss of metastasis sup-
1127 pressor gene expression. Both anecdotal and published
1128 data suggest that many metastasis suppressor genes are
1129 not mutated, but are differentially expressed (reviewed
1130 in Ref. [188]). While not described in detail here, there
1131 are several levels at which expression could be
1132 regulated—protein translation [189,190], methylation
1133 [191,192], histone acetylation [192–195], mRNA
1134 protein stability [196,197]. Pat Steeg and colleagues
1135 have been pioneering the notion that metastasis
1136 suppressor genes may be re-expressed in a clinical
1137 setting. Recent data from her laboratory show that
1138 dexamethasone and medroxyprogesterone acetate can
1139 enhance expression of Nm23 [198]. They have also
1140 presented evidence that hypomethylation by 5-azacy-
1141 tidine can restore Nm23 expression as well [79]. While
1142 data were not collected for the other metastasis
1143 suppressors, their data support the possibility of
1144 pharmacologic regulation of metastasis via metastasis
1145 suppressor genes. Given that the drugs used for their
1146 experiments are first line, the possibility for therapeutic
1147 intervention in the near term is very real.

Acknowledgements

1148 Work from the Welch lab has been supported
1149 by grants from the NIH (CA62168; CA88728,
1150

1153 and CA89109), the US Department of Defense
 1154 Medical Research and Materiel Command (DAMD-
 1155 17-96-1-6152 and DAMD17-02-1-0541) and the
 1156 National Foundation for Cancer Research Center for
 1157 Metastasis Research. L.R.S. is the recipient of a Susan
 1158 G. Komen Postdoctoral Fellowship (PDF-2000-218).
 1159 We also appreciate our colleagues Pat Steeg, Carrie
 1160 Rinker-Schaeffer and Kent Hunter for stimulating
 1161 conversations and inspiration. Finally, we ask the
 1162 forbearance of authors whose work was not cited for
 1163 space considerations.

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Breast Cancer Cells Downregulate Alkaline Phosphatase Production in Osteoblasts

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Osteolytic lesions resulting from metastatic breast cancer can be limited through treatment with bisphosphonates. However, osteoblasts do not synthesize new bone to restore regions resorbed by osteoclasts. We hypothesize that breast cancer cells affect the differentiation process of the osteoblasts and prevent them from being fully functional. We have begun to test this possibility by determining if breast cancer cells produce factors that affect osteoblast differentiation.

We chose bone alkaline phosphatase, a characteristic protein produced by differentiating osteoblasts. Primary osteoblasts were isolated from rat tibia. At confluence, either breast cancer conditioned media from the human breast cancer MDA-MB-231 cell line or control media was added to the osteoblasts, which were subsequently cultured for an additional 5 and 12 days. The cells were then removed from culture and stained for alkaline phosphatase production. Analysis was performed microscopically, and cells were reported as being stained weakly, moderately, or intensely, with the intensity of the stain directly correlating to the amount of alkaline phosphatase present.

Only 30% of the osteoblasts cultured 12 days postconfluence in the presence of breast cancer conditioned media had moderate or intense staining, while 70% of osteoblasts cultured in control media stained intensely. Results were similar for osteoblasts cultured 5 days postconfluence and with conditioned media from the MDA-MB-435 human breast cancer cell line at both 5 and 12 days postconfluence.

CONCLUSION: These data indicate that alkaline phosphatase production is decreased by a secreted product from breast cancer cells and suggest that breast cancer cells have the ability to slow osteoblast differentiation.

tively, relative to 435 cells. ELISA revealed a 50% reduction in matrix metalloproteinase-1 (MMP-1) release, relative to 435 cells. Interestingly, MMP-1, osteopontin, and Cx32 expression have been found to correlate with breast cancer cell metastatic potential.

CONCLUSION: Therefore, these results strongly suggest that GJIC and Cx43 expression contribute to the metastatic potential of breast cancer cells to bone.

Differences Between Osteoblast-Secreted and Breast Cancer-Secreted Osteonectin: N-Linked Glycosylation May Be Key in Chemoattraction

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Osteonectin, first identified in bone, has wide tissue distribution, varying degrees of glycosylation, and has been shown to be a chemoattractant for breast cancer cells. Here we report differences between bone-derived osteonectin and breast cancer-derived osteonectin and show differential chemoattraction.

In one experiment, individual cultures of the human fetal osteoblast cell line (hFOB1.19) and a metastatic breast cancer cell line (MDA-MB-435) were grown with or without tunicamycin, a potent inhibitor of N-linked glycosylation. Conditioned, serum-free media (CM) were collected from the cultures. Aliquots of CM were subjected to SDS-page gel electrophoresis and blotted on a nitrocellulose membrane. Immunostaining with mouse antihuman osteonectin was used to detect osteonectin bands. In untreated hFOB1.19 cells, a doublet of osteonectin (~39 kDa and ~38 kDa) was detected; the MDA-MB-435 cells also secreted osteonectin of two sizes (~41 kDa and ~38 kDa).

Upon treatment with tunicamycin, the hFOB1.19 doublet decreased in size (~36 kDa and ~35 kDa), whereas the MDA-MB-435 osteonectin was unchanged. The data show that osteoblast-derived osteonectin is heavily glycosylated through the N-linkage, whereas osteonectin from breast cancer cells has no detectable N-linked glycosylation. One consequence of altered glycosylation is a change in

protein folding, which could account for the chemotactic potentials of osteonectin.

In another experiment which was designed to assess the chemotactic potential of the osteonectin, breast cancer cells (5×10^4) were placed in the upper chamber of a chamber insert (12- μ m pore size) coated with Matrigel. CM from untreated hFOB1.19 or MDA-MB-435 cells was placed in the lower chamber. A significant number of MDA-MB-435 cells migrated across the transwell membrane toward the hFOB1.19 CM, which was fourfold greater than toward MDA-MB-435 CM.

CONCLUSION: Collectively, the results indicate that bone-derived osteonectin is distinct from breast cancer osteonectin in molecular weight and glycosylation. Furthermore, bone-derived osteonectin has an enhanced chemotactic potential for breast cancer cells.

SDF-1/CXCR4 and Prostate Cancer Metastases

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Neoplasms have a striking tendency to "seed" or "home" to bone. Hematopoietic cells migrate to bone during embryonic development. This evidence points to the chemokine stromal cell-derived factor-1 (SDF-1 or CXCL12) (expressed by bone and endothelial cells), and its receptor CXCR4, as key elements in these processes.

We hypothesized that metastatic prostate cancer cells also utilize the SDF-1/CXCR4 pathway to "seed" to the bone. To test this hypothesis, the expression of CXCR4 in several human prostate cancer cell lines was determined by reverse transcriptase polymerase chain reaction and by Western Blot. Positive bands were obtained with the PC-3 and DU145 cell lines, derived from malignancies that had spread to bone and brain, respectively. Hormone-refractory prostate carcinoma cell lines cloned from a lymphoma (LNCaP) and marrow (LNCaP C4-2B) also expressed CXCR4.

Activation of phosphorylated ERK-1 and ERK-2 proteins was observed within 5 minutes of

The Expression of Metalloproteinases Capable of Type I Collagen Degradation in Bone Metastases by Cancer Cells Is Independent of Primary Tumor

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The capacity of cancer cells to degrade bone directly is not yet well established. Using immunohistochemical localization in bone metastases we studied metalloproteinases (MMPs) known to be capable of type I collagen degradation.

Bone pathologic fractures or bone metastases biopsies from 35 patients, median age 67 (range: 40–85), 18 female, were analyzed. Fifteen had breast cancer, 4 colorectal, 3 unknown primary tumor, 2 prostate, 2 lung, 2 thyroid, 2 renal, and 5 had several other types of cancer. The lesions were lytic in 24, blastic in 6, and mixed in 5. Formalin-fixed, decalcified, paraffin-embedded sections of metastatic lesions were stained with routine hematoxylin and eosin and by immunoperoxidase methods with antibodies (Oncogene Research Products) to MMP1, 2, 8, and 9. The expression of MMPs in cancer cells was graded according to the percentage of cells staining (0, 1: < 1/3, 2: 1/3–2/3, or 3: > 2/3) and the intensity of staining (1, 2, or 3). A final score (0 to 9) was obtained for each MMP in each patient.

MMP1 had the highest expression in cancer cells (median score: 6.0) followed by MMP2 (5.5), MMP8 (2.96), and MMP9 (0.11); this difference is statistically significant ($P < .0001$) by two-way ANOVA test. The difference among MMP median scores remained significant irrespective of primary tumor (breast vs nonbreast) or the x-ray pattern of bone metastases. MMP9 was rarely expressed in cancer cells but commonly observed in osteoclasts.

CONCLUSION: Cancer cells in bone metastases express MMPs capable of bone collagen degradation. This expression is independent of primary tumor and of x-ray pattern. Among the MMPs analyzed in this study, MMP1 had the highest immunohistochemical score.

Connexin 43 and Breast Cancer Metastasis to Bone

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Metastatic cells integrate through osteoblastic tissue prior to establishing secondary tumor. Cellular maturing hypothesis: gap junctional communication between bone and osteoblastic cells initiates subsequent communication.

and osteoblastic cells initiates subsequent communication. Therefore, we examined GJIC (gap junction protein) expression in a cancer cell line, MDA-MB-435 (<435-BRMS1), vector controls and an osteoblastic cell line (hFOB). 435 cells express gap junction protein Cx32 but not 435-BRMS1, nonmetastatic, and breast epithelial cells and normal tissue express Cx43 but not Cx32.

All of the following relative characteristics are significant at $P < .05$. As assessed by dual dye transfer followed by flow cytometry, 435 cells displayed very little homotypic GJIC with themselves, a characteristic of many tumor cells. However, expressing BRMS1 in 435 cells increased homotypic GJIC nearly 6-fold. When 435 cells did not communicate with themselves, they were 2-fold greater, relative to 435-BRMS1, in GJIC with hFOB cells.

When Cx43 cDNA, which is undetectable in 435 cells, was transfected into 435 cells (435^{+}), these cells displayed a 40-fold increase in homotypic GJIC with themselves and a 5-fold increase in heterotypic GJIC with hFOB cells. Additionally, as revealed by reverse transcriptase polymerase chain reaction, 435 cells displayed a 75% and 80% reduction in GJIC state levels of Cx32 and osteopontin.

tively, relative to 435 cells. ELISA revealed a 50% reduction in matrix metalloproteinase-1 (MMP-1) release, relative to 435 cells. Interestingly, MMP-1, osteopontin, and Cx32 expression have been found to correlate with breast cancer cell metastatic potential.

CONCLUSION: Therefore, these results strongly suggest that GJIC and Cx43 expression contribute to the metastatic potential of breast cancer cells to bone.

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